# AGAZINE

The Official Record of Sun City Summerlin



# WHAT'S YOUR JAM?

MUSIC, SOCIAL CLUBS LEAD THE PACK OF NEWLY FORMING RESIDENT GROUPS

PLUS:

WHAT'S THE DIFFERENCE BETWEEN PALEO, KETO DIETS? CATCH A FREE SCREENING OF "THE GUARDIANS" LEARN HOW SUN CITY SPENDS YOUR MONEY DURING SCSCAI'S ANNUAL BUDGET HEARINGS



# \$99 Wills

\$99 Wills
(Includes Living Will & Power of Attorney)
Revocable Living Trusts
Tax & Retirement Planning
Financial Planning
& Complimentary Reviews
401k Roll-Overs
Probate Services

650-4480



Jasen E. Cassady, Esq.

Advanced Law Degree in Taxation
Licensed in NV & FL
Certified Financial Planner®

Brandi K. Cassady, Esq.

#### Las Vegas

10799 West Twain Avenue Las Vegas, NV 89135

#### Henderson

2425 W. Horizon Ridge Pkwy. Henderson, NV 89052

cassadylawoffices.com

# inside

Pack your walking shoes and camera as Sun City treks to **Valley of Fire** on March 12. Tickets are \$45 per person and include transportation, park admission and a boxed lunch.



page 11

Grab a team of eight friends, or get set to meet your neighbors when the **Residents' Forum** hosts Team Trivia Night on Wednesday, March 13, 7 p.m., Desert Vista.



page 20

Multi-platinum recording artist **Paul Gurvitz returns to the Starbright Theatre** with his Acoustic Army on Saturday, March 30. Tickets are \$20 each.



page 39

Common Area Properties Committee	8
Events and Day Trips	10
Cover Story: Sun City Clubs	14
Chartered Clubs & Community Organizations	
Committee	17
Community News	18
Residents' Forum Hosts Team Trivia Night	20
SCSCAI Budget Meetings	24
Health & Fitness Department	26
Security Patrol Takes the Night Shift	36
Starbright Theatre	38
The Summit Music Series	42
March Calendar of Events	44
Thank You for Your Service	46
Club Spotlight: Hiking Club	48

Club Listings
Club Directory66
Crossword77
<b>Association News</b>
BOD Motions78
BOD Official Meeting Notice79
Committee Meeting Schedules79
Summary of Operations 80
Sub-HOA Management Directory81
Classified a 0.4
Classifieds 84
Service Directory85
Display Advertiser Index 86

#### PRESIDENT'S **MESSAGE**

Leo Crawford SCSCAI Board of Directors

#### It's Spring, a Lovely Time of Year

ood day to all Sun City Summerlin. This month's President's Message is coming to you from a substitute at the request of our departing Board President, Joe O'Connell. As of the Board election in February, Joe finished his term as President and as a member of the SCSCAI Board. Joe intends to use his newfound time improving his golf game. Thanks, Joe, for the many, many years you served on the Board including several years as Board President. SCSCAI is a better place to live in because of your service. And a great big welcome to the new Board members.

We have a great community and what really makes it great is the people who live here - the volunteers who staff our committees, the volunteers who belong to the Security Patrol, the people who can be counted on the help a neighbor, putting out or away their neighbors' trash cans or giving a ride to the doctor. That's what makes a great community, people helping people. Those are just a few of the ways to keep our community a great place to live. There are many, many more such as joining a club and volunteer to be an officer. Get involved and be an active part of SCSCAI. We have the Link magazine and its online edition to keep you up to date on SCSCAI. Another great way to keep informed is to sign up for the email blasts sent by the ED. Sign up by sending Mitzi an email (MitziM@suncitylv.com).

SCSCAI does not have a "prize patrol" that drives around looking for things that need attention. We rely on our 13,000 residents to tell SCSCAI if something is wrong and needs fixing, or something that

could be made better. Attend the appropriate committee meeting and bring up the issue; send a Board member an email; send the appropriate SCSCAI manager or the Executive Director, Mitzi Mills, an email. We have about 13,000 residents

that are traveling around and see things that might need attention. If you see something, say something!

It's spring, it's spring, a lovely time of year. Time for all of us to do some spring cleaning, including our yards. Those pesky weeds will be starting to grow, rocks might need refreshing and to be swept off the sidewalks, and plants and trees trimmed or replaced. Let's all do our part to keep our community looking great.

And finally, please do not park on the sidewalk. Because of the rolled curbs, it's easy to creep onto the sidewalk as you park, especially for our outof-town visitors. If you block the sidewalk, walkers might have to walk in the street to get by the blocking car. A little courtesy for others, please.

Leo Crawford SCSCAI Board of Directors



Sun City Summerlin Community Association, Inc. 9107 Del Webb Boulevard Las Vegas, Nevada 89134 702-966-1400 - www.SCSCAI.com

Mitzi Mills, Editor, MitziM@SunCityLV.com Jeannette Carrillo, Managing Editor JeannetteC@SunCityLV.com 702-966-1436

#### Advertising

Sharon Bishop, Advertising Coordinator SharonB2@SunCityLV.com, 702-966-1434 Our office is located in the Mountain Shadows Community Center.

#### **Editorial Board**

Bob Cohen, Tammy Collins, Beth Nappe. The next Link Committee meeting is Friday, March 22, 9 a.m., Desert Vista.

#### Mission

The link is the official notification of Sun City Summerlin Community Association, Inc. The primary mission of the magazine is to provide residents with information on official Association business. In addition, the link provides unbiased communications to residents on community news, events and services. The Association provides this publication for informational purposes only and neither endorses nor promotes any of the products or services advertised herein and assumes no responsibility or liability for the statements made in this publication. We reserve the right to edit, condense and verify all articles.

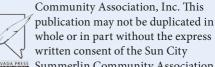
#### **Classified Advertisements**

April deadline is Friday, March 1. Advertise your items for sale at \$2 per line based on the required classified advertisement form. This service is restricted to residents only and if space is available. Purchase ads at the link office. SCSCAI card required at purchase. No business advertisements. Ads also appear at www.SunCityLink.com

#### Credits

link layout and cover design: RedTricycleDesign (6) Cover photos: RedTricyclePhotography Cover: Members of the Band Jam Club are waiting to hear from Sun City musicians. From left: Clark Nagle (piano), Jeff "JR" Robinson, Jo Mariano, Kenny Korotkin and Club President Mike Klein.

© Copyright 2019, Sun City Summerlin



NEVADA PRESS Summerlin Community Association.



# \$4 MOVIES & MORE IN MARCH

\$108,000 FREE SLOT TOURNAMENTS

**\$4 MOVIE MATINEES** 

1/2 POINT BINGO & BOWLING

FREE STARBUCKS TALL COFFEE

15% OFF PIZZA ROCK AT GREEN VALLEY RANCH

1/2 POINT DINING MARCH

CAFÉS, BUFFETS, OYSTER BAR, TIDES SEAFOOD & SUSHI BAR, 8 NOODLE BAR, BOATHOUSE ASIAN EATERY, BLUE RIBBON SUSHI

# **BONUS MULTIPLIERS**



# 1 O X POINTS! ON SLOTS GUARANTEED

G X POINTS!
ON VIDEO POKER
GUARANTEED

9 CONVENIENT LOCATIONS - PARKING IS ALWAYS FREE

RED ROCK • PALACE • BOULDER • TEXAS • SUNSET • SANTA FE • GREEN VALLEY RANCH • FIESTA HENDERSON • FIESTA RANCHO









Cannot be combined with any other offers. Must have a Boarding Pass and valid ID. Must be 50 years of age or older. Movie matinees before 6pm.

Complete rules at Rewards Centers. Sing up for Station Casing's MySeneration Index!

# HOW TO ontact

#### **SECURITY PATROL 24/7**

10362 Sun City Blvd. (at rear of Desert Vista)

securitypatrol @lvcoxmail.com

02-254-2303

### BOARD OF DIRECTORS

bod@suncitvlv.com

702-966-1409 mitzim@suncitylv.com

	<b>O</b>	
TBA		
Bruce Alitt	702-255-4105	seawolf1963@aol.com
Ellen Bachman	702-966-1453	ebachman @embarqmail.com
TBA		
Leo Crawford	702-478-8806	lecrawford@me.com
TBA		
Barbara Holden	319-310-5777	baholden2437@gmail.com
David Putney	702-354-5074	dputneylaw@gmail.com
TBA		

#### FINDITFAST

sun city charities/ volunteers

702-254-5831

SUNSHINE SVC. CLUB

702-341-9741

Landscape маіпт.

702-254-4092

#### ADD'L EMAILS

allgolf@suncitylv.com

communitystandards @suncitylv.com

neighborhoodwatch @suncitylv.com

programs@suncitylv.com

summitrental@suncitylv.com

#### COMMUNITY CENTERS

Executive Director Mitzi Mills

#### MOUNTAIN SHADOWS 9107 Del Webb Blvd.

Administration Office **702-966-1401** M-W, F 8a.m.-5p.m.; Th, 8a.m.-7p.m.

Social Monitor Station **702-966-1410** M-Sa, 8a.m.-10p.m.; Su, 8a.m.-9p.m.

Fitness Monitor Station **702-966-1414** daily, 6a.m.-9p.m.

Community Standards **702-966-1411** M-F, 8a.m.-5p.m.

(includes CC&R / Architectural Review Committee)

Facility Maintenance **702-966-1417** M-F, 6:30a.m.-3p.m.

Link Magazine **702-966-1436** M-F, 8a.m.-5p.m.

Library **702-966-1410** M-Sa, 8a.m.-10p.m.; Su, 8a.m.-9p.m.

#### **Desert Vista** 10360 Sun City Blvd.

Community Services **702-363-3581** M-F, 8a.m.-4:30p.m.

Room Scheduling 702-363-4790 M-F, 8a.m.-4p.m.

Social Monitor Station **702-363-1341** M-Sa, 8a.m.-10p.m.; Su, 8a.m.-9p.m.

Fitness Monitor Station **702-363-1278** daily, 6a.m.-10p.m.

Fitness Manager **702-363-1486** M-F, 8a.m.-4p.m.

#### PINNACLE 2215 Thomas Ryan Blvd.

Social Monitor Station 702-240-1301 daily, 8a.m.-8p.m.

Fitness Monitor Station 702-240-1326 daily, 6a.m.-8p.m.

#### SUN SHADOWS 8700 Del Webb Blvd.

Fitness Monitor Station 702-363-1719 daily, 6a-8:30p.m.

**702-363-1719** daily, 6a-8:30p.m. Library

#### GOLF COURSES

(open half-hour after daylight)

HIGHLAND FALLS 10201 Sun City Blvd.

**702-254-7010** daily, closes 6p.m.

Palm valley

9201 Del Webb Blvd.

702-363-4373 daily, closes 6p.m.

#### Eagle crest

2203 Thomas Ryan Blvd.

**702-240-1320** daily, closes 6p.m.

#### **GOLF COURSE**

Maintenance

**702-363-7655** daily, 6a.m.-3p.m.

#### RESTAURANTS

#### tavern at the falls

at Highland Falls Golf Course

702-254-1581

Sun-Tue 6a.m.-7p.m. Wed-Sat 6a.m.-8p.m.

#### summit snack bar

at Eagle Crest Golf Course

702-240-1313 daily, 6:30a.m.-5:30p.m.

#### MILLER'S TAVERN

at Palm Valley

Sun-Thu 6a.m.-9p.m. 725-600-9888 Fri-Sat 6a.m.-10p.m.

# STEVE SOLOMON'S GUIDE TO PUTTING ON A ONE-MAN SHOW

Steve Solomon has a trusted secret to keeping his voice during repeat performances of a one-man show.

"Lots of throat lozenges, and lots of water," he says.

The actor/comedian has built his career around writing and performing one-man shows, beginning with the three-time award winning "My Mother's Italian, My Father's Jewish, and I'm in Therapy," which he's followed with two sequels.

There's much more to a comedic one-man show than simply telling jokes on stage, he says. "Some critics say it's just stand-up. No, it's a theatrical piece," he says. "There's a process, there's a set, there are characters."

#### STRETCHING AN IDEA INTO A SHOW

Creating a one-man show must start with an interesting topic – something Solomon has no shortage of.

With each of his shows based on his unpredictable family, he plays up to 30 characters on stage, including his doting Italian mother and elderly Jewish father.

His family provides endless material, he explains. "Growing up in an Italian/Jewish environment was hysterical," he says. "I'm also

blessed with my memory. I can repeat dialogue from years ago."

Taking stories and transforming them into a full show takes work, however.

Solomon starts developing a show by penning several pages of memories and jokes, then works with his long-time director Andy Rogow to find a common thread and craft a script.

"I come up with the content, and (Andy) creates storylines," Solomon says. "He's quit 100 times and I've fired him 10,000 times, and we love each other."

#### **NEVER FINISHED**

A one-man show must be constantly refined to remain fresh, Solomon says. He changes something for every performance, and constantly drafts new material.

"Every single night I'm up there, I'm tweaking. I'm adjusting what I say, adjusting the emphasis of what I'm trying to put out there. Every word is critical."

"Steve Solomon's From Brooklyn to Broadway in Only 50 Years!" runs from April 5th - 7th at The Smith Center. For tickets and more information, visit TheSmithCenter.com.

From the three-time award winning star and creator of "My Mother's Italian, My Father's Jewish & I'm In Therapy"

FROM BROOKLYN
TO BROADWAY
IN ONLY 50 YEARS!
APRIL 5 - 7

Troesh Studio Theater



VISIT THESMITHCENTER.COM TO SEE THE FULL LINEUP FI 🖸 📵

702.749.2000 | TTY: 800.326.6868 or dial 711 | 361 Symphony Park Avenue, Las Vegas, NV 89106





#### It's Been a Great Ride

By the time you read this my term on the Board of Directors will be completed after 14 years. While I'll still be active in the community, it's time for me to start enjoying what life has to offer now that I'll have more time.

There are so many people over the years who have helped me by volunteering with me for Sun City projects – the 25th anniversary of Sun City comes to mind – and those who have volunteered on the committees I have chaired. At the risk of surely forgetting to mention someone who should be mentioned, I'd like to thank all the department heads over the years I've had the pleasure to work with: In Building Maintenance, now retired, Dennis McGrew, Brandon Balek and staff, and especially Kerri Morris, who has been such a tremendous assistant to me on the Common Area Properties Committee, organizing documents, agendas and projects; Community Standards Department Kate Carroll and Barbara Davidson; Landscaping Department Louis Darling and staff; Golf Pro Shops, Donny Long and staff; IT Department Doug Wong and staff; Golf Course Maintenance's Brian Bagwell and staff; the Food & Beverage Department, our new manager Anthony Marrone, who is dong an amazing job, and his staff; the Fitness Department, Pam Shields and her staff; the Community Services

> Department, Melissa Spina and her staff; the Link, Jeannette Carrillo and Sharon Bishop; my fellow Security Patrol members, who help make this

How lucky I am to have something that makes saying goodbye so hard.

- Winnie the Pooh.

"

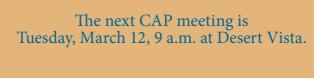
community safe 24/7; the Social and Fitness Monitors in our centers, who help our residents in so many ways. It's been a pleasure to work with all past and present Board members, who have given so freely of their time and put so much effort into making our community the best it can be. Last and certainly not least, our current Executive Director Mitzi Mills, who is taking our community in the right direction moving forward.

So many administrative, behind-the-scenes personnel that I cannot list, but thank you to them for being the backbone of our administrative operations.

It's been a great ride – I've made so many friends over my 14 years on the Board, and it's been a pleasure for me to work with, and to serve, all the great residents I've met along the way.

I heard a great quote I'd like to share with everyone: "How lucky I am to have something that makes saying goodbye so hard." – Winnie the Pooh.

Thank you all! (5) Ken Caroccia
Chariman, Common Area Properties Committee
Retired Board Director



# gvern Millery



9201 Del Webb Blud. Las Vegas, NV 89134 725-600-9888

Located at Palm Valley
Golf Course



# Now Open For Business

\*Sun City Residents Get A 15% Discount on Food & Beverage All Day Every Day

#### **Happy Hour**

Celebrate With Food & Drink Specials

Daily 3pm Till 6pm
Saturday 2pm Till 5pm
\*No Sun City Discounts on
Happy Hour Items

Live Music Every Friday 5pm-8pm

**Daily Specials** 

**Specialty Dining Nights** 



Monday-Tacos Tuesday-Pasta Wednesday-Burgers Thursday-Prime Rib

# Hours Sunday Thru Thursday 6am Till 9pm Friday & Saturday 6am Till 10pm

\*Management Reserves All Rights. Any Promotions or Discounts Are Subject To Change & May Cancel At Any Time.



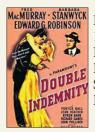
#### Movies at the Starbright

(No food or drink allowed in the Starbright Theatre)





Thursday, March 7, 2 p.m. – "Dirty Dancing," starring Patrick Swayze, Jennifer Grey – Rated PG-13.



Friday, March 15, 11 a.m. – "Double Indemnity," starring Fred McMurray, Barbara Stanwyck, Edward G. Robinson. Not Rated.



Monday, March 18, 7 p.m. – "American Graffiti," starring Ron Howard, Richard Dreyfuss, Cindy Williams. Rated PG.



Wednesday, March 20, 2 p.m. – "The Guardians," Follow Vegas Voice editors as they explore and uncover abuses of Nevada's guardianship laws. Not rated.



Wednesday, April 3, 2 p.m., "Ocean's 8," starring Sandra Bullock, Cate Blanchett, Anne Hathaway. Rated PG-13.



Friday, April 19, 11 a.m., "Titanic" (1953), starring Clifton Webb, Barbara Stanwyck, Audrey Dalton. Not Rated.

Do you have a movie in mind you would like to see? Please send your suggestions to Erica Mollenkopf at ericam@ suncitylv.com. We are always looking for great ideas, so reach out and let us know. Enjoy the shows!



2 FRE

9 a.m. to 2 p.m. Desert Vista Ballroom

#### 14th Annual Home Expo 2019



Are you looking to remodel your home and give it a fresh new look? Do you need new lighting, kitchen counters, or are you just ready for a change? It's that time of year to talk to the experts. We're bringing an entire homeremodeling showcase to the Desert Vista Ballroom so you can get all the information you need without leaving your community! Representatives will be on hand to answer your questions, conduct demonstrations, and show you some of their products. Don't miss this great opportunity to check out some creative ideas for your next home improvement project.



Tuesday
MARCH

12

\$45

Includes transportation, park admission and box lunch. Bus departs Pinnacle at 8:30 a.m. Returns at approximately 2 p.m. Minimum 25 guests.

Ticket purchase deadline: March 8



#### Valley of Fire

A great getaway for some sightseeing and picture-taking, Valley of Fire is the oldest and largest state park in Nevada, dedicated in 1935. The valley derives its name from the red sandstone formations formed 150 million years ago.

Some of the more well-known rock formations include Elephant Rock, Seven Sisters, Mouse's Tank and Beehives. The park offers a full-scale visitor center with extensive interpretive displays.

#### **ITINERARY**

8:30 a.m. – Depart Las Vegas

9:45 a.m. – Valley of Fire photo stops (Beehives, Atlatl Rock, Arch Rock)

10:45 a.m. - Visitor's Center

11:15 a.m. – Depart Visitor's Center for picnic lunch (included)

12 noon – More scenic photo stops (Elephant Rock, View of Lake Mead, White Domes Road)

12:45 p.m. – Depart for Las Vegas



23

\$40 per person Includes transportation and admission only. Bus departs Pinnacle at 6 p.m.

Returns at approximately 9:30 p.m. Minimum 30 guests.

Ticket purchase deadline: March 2

# Monster Jam® at Sam Boyd Stadium

Monster Jam®, the most action-packed live event on four wheels, is where world-class drivers compete in front of capacity crowds around the globe. Monster Jam® features high-octane, spontaneous entertainment and intense competition, featuring the most recognizable trucks in the world. Each Monster Jam® truck is approximately 10.5 feet tall, 12.5 feet wide, 17 feet long and weighs 12,000 pounds. After opening ceremonies, the competition begins with many featured elements, including Timed Racing, Two-Wheel Skills Challenge, Donuts (rotating the truck as many times and as quickly as possible), Head-to-Head Racing and Freestyle (tricks and stunts performed in a designated time). There are no professional judges. Monster Jam® fans have the unique opportunity to provide the scores for several competitions by using their mobile devices. Join us for this amazing and thrilling spectacle!



Transportation to all bus trips is provided. All bus trips depart from the Pinnacle Community Center parking lot, east of the softball field near the posted signs. Unless otherwise specified, driver gratuity is not included in the ticket price. Tickets may be purchased online at www.suncitysummerlin.com, as well as at the Desert Vista, Mountain Shadows and Pinnacle community centers; cash or checks only. Tickets are non-refundable.



Includes transportation and guided museum tour Bus departs Pinnacle at 6 a.m. Returns at approximately 5:30 p.m.

Minimum 30 guests.

Ticket purchase deadline: April 11



#### March Field Air Museum

From TripAdvisor reviews: "It doesn't matter if you are a fan of planes and flying or not, this place is amazing and interesting."

"This is a comprehensive military air museum. The displays cover all periods of military air history with interesting displays, materials, and video. The main

attraction is the aircraft - over 60 aircraft from bi-planes to drones, including impressive birds like the SR-71 Blackbird, the B-29 Superfortress, the B-52 Stratofortress and many other big bombers, fighters, cargo craft, surveillance planes, and helicopters. An airplane enthusiast or just someone who wants to see some history up close and learn a lot will do well to visit." Thousands of artifacts and nearly 80 historic aircraft are on display, and there are knowledgeable docents who help bring the subject to life.

#### **ITINERARY**

6 a.m. - Bus departs Las Vegas for Riverside, Calif., with brief stretch in Barstow

10:30 a.m. - Arrive at March Field Air Museum, guided tour

12:30 p.m. – Depart for Las Vegas, with lunch stop at Golden Corral (on your own) in Victorville, Calif.

Saturday APRIL

per person

Includes transportation, river rafting adventure and box lunch. Bus departs Pinnacle at 9 a.m.; returns at approximately 3:45 p.m. Minimum 35 guests.

Ticket purchase deadline: April 6

#### Black Canyon River Float

If you missed this exciting excursion two years ago, don't delay and get your tickets now! This is an extremely rare view of the Hoover Dam that very few people have the opportunity to see. Guests board large comfortable rafts that have been carefully constructed with safety in mind. Rafts have multiple air chambers and are outfitted with all of the Coast Guard required and recommended safety equipment. During this excursion, experienced and knowledgeable guides share the history of this magnificent geological area. Be prepared to see desert

bighorn sheep, osprey, and great blue heron in their natural setting. The tour stops along the shore to give you a chance to enjoy the cool, clear and calm waters below Hoover Dam. The float ends on the Arizona side of the Colorado River at Willow Beach – the uppermost boundary of Lake Mohave. A box lunch, including a turkey wrap, chips, an apple, a cookie and water is provided.

#### **ITINERARY**

8 a.m. - Depart Sun City Summerlin 10:15 a.m. - Check in at Lake Mead RV Village 10:45 a.m. - Begin tour 3 p.m. - End tour 3:30 p.m. – Depart Lake Mead RV Village

LOCATED TY 9310 Sun City Blvd. Ste. #101 Las Vegas, NV 89134

- Senior Real Estate Specialists Certified
- Buyer and/or seller representation
- FREE Moving sale services to our sellers



"CC" Carson 702-580-9795



Nora & David Slagle 702-376-5461



Betty Gammon 702-493-8680



Judy Ankrapp **702-480-8297** 



Alex & Susan Greiner 702-434-5550





JoAnn Oppenheimer **702-242-4624** 



Terry Starker **702-326-0032** 



Frank & Sharon Davis 702-755-5318





Jerry Nelson 702-913-4373

702-478-7826

# WHAT'S YOUR





and has a whole discussion in Spanish after the film. It's crazy."

Fast forward to 2018 and the vibe continued as the newest group to charter sent out an open call to musicians in Sun City looking for a chance to jam.

The Band Jam Club "is a controlled free-for-all," said President Mike Klein, who does double-duty on bass – electric and stand-up. If you attended last year's National Night Out event at Desert Vista you most likely saw Mike on stage with the Blues Squad that kept residents on the dance floor for most of the night.

"So far, many members of the BJC participated at The Summit in the very well-received Open Electric Jam event that was held in November and sponsored by SCSCAI," Mike said. "Afterward, most of the attendees responded that it would be nice if the jam could become a regular event to help fill the void created by the former Open Mic."

With roughly 34 members, Mike said, "You don't have to be a musician to join the club. All you have to do is like music and support the musicians. And, who knows? One day you might pick up an instrument and learn to play. We have one guy who had a guitar lying under his bed for years before this group started. He didn't have anyone to play with. Now he does."

The idea to form the club came to Mike and his wife, Marsha, because they belonged to a similar group when they lived in California.

"I was lucky because I belonged to a group like this before." Mike said. "If you play, or want to play that's what this group is about. Its mission is to promote music. It doesn't matter if you've played for 20 years or 1 year, the group will welcome you with open arms. And from there it's up to you. You can come listen to us play, meet people, form your own groups or get some really good advice from guys who've been playing for a long time." Thirty years later, the one thing that remains the same in Sun City is that there is always something to do. No matter what your interest, clubs will keep you busy. For contact information on Sun City's clubs, see Page 66.

Left, Band Jam Club President Mike Klein, and members Doug Greenwald (on drums) and Clarke Nagle keep the sessions lively.



#### **BAND JAM CLUB**

Annual dues: \$10

Meets: Weekly in the Music Room at the Pinnacle Community Center. 90-minute jam

session; bring your instrument.

Contact: Mike Klein, bandjamclub@gmail.com



# Women's Golf Clinics

Register at Eagle Crest Golf Course 702.240.1320 Space is limited to the first 30 paid beginners

FRIDAYS AT EAGLE CREST



# Four classes for \$100

Includes range card

Level 1 Clinics begin at 9AM Level 2 Clinics begin at 11AM



# Session 1

March 8

March 15

March 22

March 29



#### Session 2

April 19

April 26

May 3

May 10

#### Register at Eagle Crest

**MINIMUM 3 STUDENTS | MAXIMUM 8 STUDENTS** 

#### Dance Company, WateRobics' Requests **Approved**

#### **Constitution Revisions**

The Chartered Clubs and Community Organizations Committee reviewed and approved the revised constitution of the Neighborhood Preparedness Team Community Organization. This organization's mission is to educate all community residents to safely respond to consequences of a natural, industrial or crime-related adversity by means of a community-wide network. The Dance Company requested that its constitution change to reflect the club's broader purpose to promote all types of dance by removing the word "tap" from the document. The CCOC voted in favor of this revision. The Waterobics Club changed its constitution to reflect a decrease in annual dues from \$125 to \$110. The CCOC voted to approve this change.

#### **Minor Club Constitutional Changes**

Bruce Alitt, CCOC Chairman, made a motion that minor club constitutional changes such as, but not limited to,



dues or quorum changes that are passed by the CCOC in consult with the Executive Director do not need further SCSCAI Board approval. The CCOC passed this motion for further approval by the Board.

#### **Conceptual Ideas Presentations**

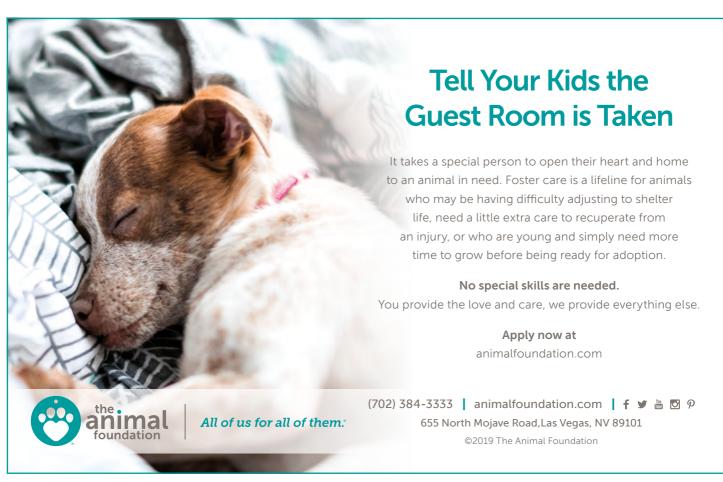
The Musicmakers has a pending CI for the purchase of new stage risers for its Club, as well as other Sun City performing clubs. Darlene Vaughan, Club president, explained that the new risers would provide beneficial safety features, storage benefits and flexibility. The Band Jam Club has a pending CI for equipment such as keyboards and amplifiers. Mike Klein, the Club's president, requested consideration for some storage space for the Club's equipment.

#### **Club Dissolutions**

The Hawaiian Club, Horseshoe Club and West Coasters Club were officially dissolved.

Residents are always welcome to attend CCOC meetings. They are held on the third Thursday of the month at 9 a.m. in the Committee Room at Desert Vista.

Beth Nappe/Link



# Compiled by Jeannette Carrillo/Link Communit

### Keep Up

What's Going On Sun City

> Friday March 15 10:30 a.m. Desert Vista

Coffee With the Board has become one of Sun City's most attended monthly meetings. Meet Board members and your neighbors. Questions, answers, opinions and general information is shared on a variety of community topics. There is no agenda for this casual meeting and Board members cannot officially make decisions on any matters discussed. Sweets are served.

#### AARP Driver Safety Program

Wednesday, March 13, 8:30 a.m. Wednesday, March 27, 5:30 p.m. Tuesday, April 2, 12 noon Wednesday, April 10, 8:30 a.m.



\$15 AARP members; \$20 non-members by check to AARP Desert Vista

Drop by the Desert Vista Social Monitor station to sign up for this classroom refresher designed for those fifty years old and over. Improve your knowledge of traffic laws, learn to anticipate the actions of other drivers, and identify and correct poor driving habits. Upon completion of the 4-hour course taught by an AARP-certified instructor, you will receive a certificate that may qualify you for an insurance premium reduction for up to three years. Max: 30. Signup is available now. Classes are held at the Desert Vista Community Center.

#### Need a Ride? RTC Has Got Seniors Covered

Flexible Demand Response is a doorto-door transit service provided by the Regional Transportation Commission of Southern Nevada. FDR operates Tuesday and Thursday, 9 a.m. to 3 p.m.; Friday, 10 a.m. to 6 p.m. Residents MUST register for the service; one guest per registered resident is also eligible for the service.



Rides may be scheduled up to three days in advance. Pickup times must be exact. Customer service representatives take reservations seven days a week, 7 a.m. to 6 p.m. Note: Same-day rides may be available. FDR fares are .50 cents for each boarding. Passengers must have exact change.

To register, call 702-228-7433 and press 6. Cancellations and reschedules may be made at the same telephone number.

#### RELIGIOUS SERVICES DIRECTORY

Mountain View Presbyterian • 702-341-7800 • Pastor David W. Dendy • 8601 Del Webb Blvd. • Sundays, 8:30, & 10:30 a.m.

**St. Andrew Lutheran • 702-255-1990 •** Rev. Phillip Shuart • 8901 Del Webb Blvd. • Sundays 8:30, 10 a.m. • Sunday School

S.C. Community Church •

702-255-PRAY (7729) • 8560 Del Webb Blvd. • SundayWorship 11 a.m. • Bible Study Sunday 9:45 a.m. • Tuesday 1:30 p.m. • Bereavement Support, 2<sup>nd</sup> and 4<sup>th</sup> Mon. • 11 a.m.

Temple Bet Knesset Bamidbar • President Barbara Rosenberg, 702-870-8105 • Cantor Dr. Jonathan Friedmann • Rabbi Emeritus Hershel Brooks • 702-256-9433 • Services 2nd and 4th Fridays, 7:30 p.m. at Desert Vista

#### **SERVICE GROUPS**

Sun City Charities/Volunteers • Open Mon-Fri, 8:30-11 a.m. • 702-254-5831

Sunshine Service • Open Mon-Sat, 9-11 a.m. and Mon. and Fri., 1-3 p.m. • 702-341-9741

#### **SUPPORT GROUPS**

Alcoholics Anonymous • St. Andrew Lutheran Church • 8901 Del Webb Blvd. • Sunday, 7:30 p.m. • Thursdays, 12 noon and 7:30 p.m. • Call Stan, 702-809-7475 or Kathy, 702-339-2207

Alzheimer's, Desert Vista • 1st and 3rd Wednesdays, 10 a.m. • Call Marlene Wilson, 702-254-6144

Bereavement/Grief Support Sun Shadows • 1st Monday, 1 p.m. • 3rd Monday, 1:30 p.m. • Call Hariet Miller, 702-471-0203

Caregiver Support Group • Desert Vista • 2<sup>nd</sup> and 4<sup>th</sup> Mondays of the month, 10 a.m. • Call Faye Goldstein, 702-386-9996

GriefShare • Mountain View Presbyterian Church • 8601 Del Webb Blvd. • Tuesdays, 1-2:30 p.m. • Call Melody, 683-5189

**Neuropathy Group** • Mountain View Presbyterian Church • 8601 Del Webb Blvd. • 3rd Thurs., 1-2:30 p.m. • 702-341-7800

# News

#### **Co-existing With Coyotes**

As we approach the end of coyote breeding season, it is a good idea to keep certain facts in mind to help avoid nighttime visits or a potential pet attack. According to representatives from the Nevada Department of Wildlife, coyotes maintain a year-round presence in our community. While we may not see them, it is helpful to always remember that they live among us. Remember that breeding season extends through March, with birthing and pup training extending through the summer.



As such, adhering to some simple safety suggestions will help keep your pets safe:

- Never feed a coyote
- Secure garbage containers
- Stay with your pet whenever it is outside
- If you feed your pet outside, bring leftover food inside as soon as the pet has finished eating
- Abide by leash laws; don't let dogs or cats roam freely.
- Noisemakers and motion-activated lights provide deterrence
- If you see a coyote in our neighborhood, share the information with neighbors and Mitzi at mitzim@suncitylv.com.

# ALEX & SUSAN GREINER

Sun City Residents & Realtors 702.434.5550 SUSANSELLSVEGAS@GMAIL.COM

**WWW.TEAMGREINER.COM** 

Whether you're looking to BUY, SELL or RENT.
We are dedicated to providing to you, the service you deserve.







SENIOR REAL ESTATE SPECIALISTS
& Sun City Residents!

# Residents' **Forum**





#### Residents' Forum Hosts Team Trivia Night

March 13, 7 p.m.

#### Desert Vista

Trivia Night is one of Residents' Forum's most popular events, so mark your calendar for its return on March 13. Join us for this wonderful social evening. Come with your own team of eight or just show up, find old friends or make new ones. Join any table and make a team of eight.

#### Who knows the answer? Here are a few questions just to get you warmed up:

What is the capital of North Carolina? Who is the current governor of Nevada? What football team won first Super Bowl?

We hope to see you at Team Trivia night on Wednesday, March 13, 7 p.m., at Desert Vista. It will be an evening of fun, friends and refreshments, plus prizes for members of the winning team. Everyone in Sun City is a member of the Residents' Forum. There are no dues required to attend Residents' Forum events, and no HOA fees are ever used to fund this great organization. We are self-funded and continue to present great, free programs to residents every month.





#### Shred Event Set for March 16

The popular shred event returns to the Mountain Shadows parking lot on Saturday, March 16, 10 a.m. to noon. Residents may turn in a maximum of five boxes of shreddable material. The event is sponsored by Las Vegas City Councilman Stavros Anthony. Service update: There will no longer be a lane reserved to view your shredding. Two operational lanes will include a quickdrop lane, where material is dropped off and taken back to the facility for shredding and an on-site lane, where shredding will be done on site.



#### Bulk Trash Pickup Is March 5 & 19

Bulk trash pickup is scheduled in Sun City every other Tuesday, with March 5 and 19 the designated days this month.

Items for bulk pickup must be left curbside. As on regular trash days, items may be placed outside by 3 p.m. on Monday for Tuesday pickup. DO NOT leave bulk trash outside before that time. All items intended for bulk trash pickup must be less than 6 feet in length, contained property (landscape trimmings must be bagged or tied) and soiled mattresses must be wrapped in plastic.



# Saluting Centenarians!

A centenarian is defined as a person who lives to (or beyond) the age of 100 years. If you're planning to celebrate an important birthday, the Fitness Department and the Link would like to help commemorate your milestone.

Our initial celebrator is Frank Peters, who was born on January 16, 1919. When I interviewed Frank, the first question I asked him was, "You were born at the end of World War I, so did you serve in the armed forces?" Frank was born in the Dutch East Indies (Indonesia) and worked for the government. During WWII, the Japanese conquered his island and, at the age of 23, he was put in an internment camp in the jungle on the island of Sumatra.

"The food was sparse, as were the accommodations, but we weren't tortured. However, many people died of starvation, and very often someone was taken away in the morning and never seen again.

"After the war, the British took charge of the islands and I was taken to the Netherlands where I worked for the national airline KLM for 10 years as an electronic technician. In 1957, I went to Calgary, Alberta, (Canada) and worked for the Canadian Pacific Airlines, also as an electronic technician."



Frank Peters turned 100 on January 16. SCSCAI Fitness Department staff helped mark the moment. Left, Frank's daughter Rita flew in from Kauai to be with her dad on his special day.

In 1962, Frank finally came to the United States and settled in San Jose, Calif., working for International Telephone and Telegraph Company. Eight years later, he moved to Agoura, Calif., and continued to work for ITT. Frank retired in 1984 and moved to Kauai. His daughter Rita lived there and he bought his own house. He stayed in Hawaii for 15 years.

In 1999, Frank moved to Las Vegas (where his son lives) and settled in Sun City Summerlin. His wife passed away in 2003.

You can meet Frank in Lane 1 of our Sun Shadows pool, where he swims every day from 9:30 to 11 a.m.

#### Happy 100-year birthday, Frank!

To participate in this feature, contact SCSCAI Fitness Assistant Jessie Miles at Jessiem@suncitylv.com.



#### **Daylight Saving Time Starts** March 10

It's time to spring forward on Sunday, March 10, as Daylight Saving Time begins at 2 a.m. Before you go to bed on Saturday night, be sure to turn your clocks ahead one hour and you won't be late for the activities you've planned for Sunday.

#### **HOA Class to Focus on Meeting** Guidelines

Learn how homeowners' association meetings are run, what agendas should look like, when the Board of Directors can hold closed meetings and what type of HOA business must be conducted, etc. as representatives from the State of Nevada Department of Business and Industry Real Estate Division conduct their monthly meeting on Tuesday, March 19, 2-4 p.m., Desert Vista. Classes are free and open to residents. Information is aimed at helping unit owners understand governing documents state law.



#### **RECEIVE UP TO \$1,700 IN REBATES\***

with the purchase of qualifying equipment!

12-Months, No Interest with regular payments or 9.9% APR with approved credit. (New customers only. See dealer for details.)

#### \$49 Service Call for **Air Conditioning or Plumbing**

(New customers only.)

#### **\$49 A/C Tune-Up & Safety Inspection**

(New customers only.)



#### 702-660-5307

www.bestairconditioningplumbingrepair.com Providing over 20 years of Plumbing, AC & Heating services in Sun City & surrounding areas of Las Vegas.

HVAC State License # c-21b 0082276 . Plumbing License# C-1d 0081793

Office Apriles 67/4/2019.

"Rebate requires purchase of qualifying items between March 11, 2019 to June 14, 2019. Qualifying items must be instate approved no later than July 5, 2019. Rebate is paid in the form of a Lennox Visa\* prepaid debit card. Card is subject to te for complete rebate terms and conditions.

### 2019 SCSCAI Budget Timeline

Residents are invited to attend the following open hearings to review the community's upcoming financial year. Hearings will take place in the Committee Room at Desert Vista; doors open at 12:45 p.m. All hearings will run from 1-5 p.m.

The hearing scheduled for Thursday will take place only if needed in the event that the necessary time scheduled for department hearings runs over.

#### **MONDAY, MARCH 4**

1-5 p.m.

Landscape Administration Information Technology Facilities Maintenance

#### **TUESDAY, MARCH 5**

1-5 p.m.

Golf Pro Shops Golf Course Maintenance

#### **WEDNESDAY, MARCH 6**

1-5 p.m.

Link
Community Services
Security
Food & Beverage
Fitness

#### **THURSDAY, MARCH 7**

1-5 p.m.

Only if needed



"We will sell your home for the MOST money in the SHORTEST time with the LEAST hassle!"

- \* Senior Real Estate Specialists
- \* Sun City Summerlin resident and homeowner
- \* Agent Owned & Operated
- \* Call us today for a free, no obligation home valuation report



- Dedication Matters -

- \* Ask about our special Senior pricing
  - \* Estate Sale assistance available
  - \* Look at our Zillow profile with past sales and reviews: www.zillow.com/profile/mdelgais
- \* Top producers in Sun City Summerlin

**HOME REALTY CENTER** 

Michael DelGais & Heidi Watt - Broker/Owners 702-252-7400

**I**R www.homerealtycenter.com

suncitysummerlin@hrcnv.com



# BLUE RIBBON SUSHI







#### TRADITIONAL JAPANESE CUISINE AND SIGNATURE BLUE RIBBON DISHES

SUSHI BAR . DAILY HAPPY HOUR . KANPAI BEER GARDEN

NOW OPEN · RESERVATIONS RECOMMENDED 702.797.7444 • @EATBLUERIBBON

11011 West Charleston Boulevard / Las Vegas, NV 89135 redrock.sclv.com • Like us on Facebook.com/RedRock © 2019 STATION CASINOS, LAS VEGAS, NV.



# Year of Healthy Living



JANUARY	FEBRUARY	MARCH	APRIL	
Mental Wall being	Heart Health	Nutrition	Brain Health	
MAY	JUNE	JULY	AUGUST	
Bone Health	Healthy Home	Eyes, Ears, Nose, Throat	Pain Management/ Supplement	
SEPTEMBER	OCTOBER	NOVEMBER	DECEMBER	
Physical Fitness	Women's Health & Men's Health	Sleep & Stress	Social Interaction	

#### Eat Well

Eating is an integral part of our lives and as a result, nutrition deserves your close and careful attention. In the earliest days of humans, we ate primarily for survival. That has evolved into eating mostly for

enjoyment and nourishment. Now, nutrition is increasingly being studied as a method for protecting against and preventing disease. This is hardly new outside of North

America. For centuries, many cultures have been protecting and healing their bodies with nutrition.

Why is nutrition so important?

What you eat can give you energy, heal your wounds and keep you from getting sick.
Unfortunately, it can also make you sick. No matter what your age, eating right and being fit are important, but did you know that your nutrition needs change as you grow older? Even if you are totally healthy, what you ingest can slow and/or improve the aging process.

### Here are some of the things that warrant your attention:

- Calcium and vitamin D for bone health
- Vitamin B12 because our bodies do not absorb it from food as readily as younger people.
- Fiber helps lower your risk for heart disease and Type 2 diabetes, and promotes healthy digestion.
- Potassium along with reducing sodium, potassium can help lower your risk of high blood pressure and help keep your bones strong.
- Fats Know your fats, as they are not all created equal. The "good" fats, primarily found in nuts, seeds, avocados, olive oil and fish, help reduce your risk of heart disease and are great for your brain.
- Water Our sense of thirst may decline with age and we may reduce water intake because of multiple trips to the bathroom. While not an essential vitamin or mineral, it is critical to good health.

If we used all of the pages in this magazine, we would still not have enough room to adequately cover the topic of nutrition. As you are probably well aware, there is much conflicting, controversial and downright false information out there. How do you make sense of it and apply it to your own life?

lealth & Fitness





855.861.8154 | **SMALV.COM** 

© 2019 Southwest Medical Associates, Inc. All rights reserved.

The company does not discriminate on the basis of race, color, national origin, sex, age, or disability in health programs and activities. We provide free services to help you communicate with us. Such as, letters in other languages or large print. Or, you can ask for an interpreter. To ask for help, please call 702.877.5199 TTY 711.

ATENCIÓN: Si habla español (Spanish), hay servicios de asistencia de idiomas, sin cargo, a su disposición. Llame al 702.877.5199 TTY 711.

請注意:如果您說中文 (Chinese), 我們免費為您提供語言協助服務。請致電:702.877.5199 TTY 711。

Start with your mind-set about nutrition. Eating a healthy diet does not have to be complicated or controversial. Just EAT WELL and know that food can be your friend.

Educate yourself.

All food groups. Mostly vegetables, fruits and other whole foods. Everything else in moderation.

Talk with a registered dietician/nutritionist regarding your specific nutritional needs.

Watch portion size.

Enjoy the process of cooking and eating healthy. Minimize processed foods.

Labels. Learn about and pay attention to nutrition labels.

Lots of water

When developing your own healthy eating plan, as you gather information, always consider the source of the information and any potential motives beyond healthy eating. Are they trying to sell you something? Do they consider differing opinions, perspective or alternatives? Is it current? Most importantly, understand your own health situation so that you better understand your specific needs or deficiencies.

This month we are featuring seminars on eating well to

avoid diabetes, healthy eating for older adults, making sense of the latest diet trends, how what you eat affects your oral health, and the interaction between nutrition and your genes. Sign up for our healthy cooking workshop and learn how quick, easy and fun it can be to prepare healthy meals.

We've also added a suggested reading/listening section for more in-depth information on health and fitness-related topics. EAT WELL!

Pam Shields, SCSCAI Director of Fitness



As MyPlate makes clear, better nutrition doesn't have to involve a major diet overhaul. Even small changes, such as switching from salads made with iceberg lettuce to ones with nutrient-rich spinach, could make a difference in overall health. "Tea and toast can turn into a bowl of oatmeal with a banana," Chao said. "It's just as easy to make."

To spread the word, HNRCA researchers recently helped the Harvard Pilgrim Health Care Foundation create a booklet, "Healthy, Delicious Food at Every Age," which highlights how seniors can shop for, cook and even grow nutritious food; the publication describes some of the most common food and drug interactions as well. Researchers in the HNRCA's Nutrition, Exercise Physiology and Sarcopenia Laboratory also worked with three Boston senior centers to create the Fit.4-Life program, which combines nutrition education with instruction on aerobic and mobility exercises.

At the same time, Chao said that many nutrition programs, senior centers and councils on aging across Massachusetts have started offering classes on cooking for one or shopping with nutrition in mind.

Businesses also have a role to play. Chao said that many seniors have trouble finding the quantities and prices they want at the supermarket: They might not have use of, say, a large bag of potatoes, but they still want to get the bulk discount. "Maybe it is time to have a senior lifestyle aisle," she said, in the same way that stores have aisles dedicated to organics and babies.

Such a section, with small packages of pre-cut vegetables or the like, may be on the horizon. "The private sector is becoming more and more interested in identifying solutions for older adults and healthy eating, in part because it is a huge market opportunity," said Lewin-Zwerdling. That could mean foods that are formulated with seniors' nutritional needs in mind, and easy-to-open packaging with easy-to-read labels.

#### RESOURCES

As you begin or continue your quest to be healthy, fit and feel good consider these additional resources. These websites, books and podcasts are just a drop in the bucket of the available information on healthy eating:

#### Websites/Blogs

www.eatingwell.com
www.eatright.org
www.skinnytaste.com
www.mayoclinic.org/healthy-lifestyle/
www.gethealthyclarkcounty.org
https://www.huffingtonpost.ca/2016/03/01/

 $https://www.huffingtonpost.ca/2016/03/01/how-to-eat-healthy\_n\_9357738.html$ 

#### **Reading List**

"Food: What the Heck Should I Eat?" by Mark Hyman, M.D.

"Eat to Live" by Joel Fuhrman, M.D.

"The China Study: The Most Comprehensive Study of Nutrition Ever Conducted" by Thomas Campbell and T. Colin Campbell

#### **Podcasts**

Ted Talks on Health: https://www.ted.com/topics/health

Dishing up Nutrition: https://www.weightandwellness.com/resources/podcasts/



Learn more about Bob's story and our cardiac services at summerlinhospital.com/heart

Physicians are independent practitioners who are not employees or agents of Summerlin Hospital Medical Center. The hospital shall not be liable for actions or treatments provided by physicians. For language assistance, disability accommodations and the non-discrimination notice, visit our website. 180276

# Discover SUMMERLIN HOSPITAL



Just ask Bob Cannata ... he's living proof that Summerlin Hospital delivers award-winning heart care. After triple bypass surgery and cardiac rehabilitation, he is back to doing all the activities he loves.









THOMAS M. CAMPBELL II





 $A\ Member\ of\ The\ {\bf Valley\ Health}\ System^*$ 

657 N. Town Center Dr. • Las Vegas, NV 89144

# Ith & Fitness

#### 3-Ingredient Healthy, Low Sodium Mexican Shredded Chicken With Homemade Taco Seasoning

Full of flavor, easy to make in the Instant Pot or crock pot and perfect for tacos, burritos, quesadillas and salads

Prep Time: 3 minutes Cook Time: 45 minutes

#### **Ingredients:**

- 2.5 to 3 pounds boneless skinless chicken breasts (or thighs)
- 2 cups (16 ounces) salsa, homemade or store-bought

#### Healthy low low-sodium homemade taco seasoning:

- 1 Tbsp. chili powder
- 1 1/2 tsp. cumin
- 1 tsp. oregano
- 1 tsp. onion powder
- 1 tsp. garlic powder
- 1 tsp. paprika

Mix all ingredients together in a bowl.

#### **Shredded Chicken**

#### Directions:

**Instant Pot Method:** Add chicken, salsa and taco seasoning to the Instant Pot and toss to combine. Close lid securely and set vent to "Sealing." Press "Manual" then set time to 30 minutes. Cook. Then very carefully turn the vent to "Venting" for quick release and wait until all of the steam has released and the valve has dropped. Remove the lid.

Shred the chicken with two forks. Mix the shredded chicken with the remaining juices in the pot.

Crock-Pot Method: Add chicken, salsa and taco seasoning to your slow cooker and toss to combine. Cover and cook on high for 3 to 4 hours or on low for 6 to 8 hours until the chicken shreds easily with a fork. Mix the shredded chicken with the remaining juices in

Serve immediately in tacos, burritos or quesadillas. Keep leftover chicken mixture in an airtight container in the refrigerator for up to three days. Chicken mixture will keep in the freezer for up to three months. After a health issue, Mary Fairhurst's doctor placed her on a special, restrictive diet. She then began to adapt old family recipes and create new ones with no or low sugar, sodium, oil and meat. She shares many of her recipes with her friends here in SCS.





#### **MARCH CHALLENGE**

Eat Well Challenge: You increase your chances of success when you make small changes initially and build on your successes. This month's challenge slowly adds one new healthy habit each week. By the end of the month you'll have a healthy eating plan that you can continue to build on. Do it with a friend/partner and double your chances for success!

> March 3-9: Don't eat after 7:30 p.m. March 10-16: Don't eat after 7:30 p.m.

One meatless day

Don't eat after 7:30 p.m. March 17-23:

One meatless day

Try a new, healthy recipe March 24-31: Don't eat after 7:30 p.m.

One meatless day

Try another new, healthy recipe Five-a-day Challenge - Five servings of veggies and five servings of fruits per day

#### **Tennis Ball Machine**



Now Available on Saturdays, 1-4 p.m. at Mountain Shadows Fitness Center. The cost is \$4 per person. Please sign up with the Mountain Shadows Fitness Monitor.

#### **Blood Pressure Screenings**

Provided FREE by



Wed., Mar. 6 • 9:30-10:30 a.m. • Mountain Shadows Wed., Mar. 13 • 9:30-10:30 a.m. • Pinnacle Fitness Ctr. Wed., Mar. 20 • 9:30-10:30 a.m. • Desert Vista Fitness Ctr. Thu., Mar. 21 • 9:30-10:30 a.m. • Sun Shadows Fitness Ctr.

#### **Equipment Orientation**

We're here to help! Learn how to use the strength and cardio equipment properly and safely in each fitness center. Participants must wear a closedtoe, closed-heel shoe. A24-hour advance signup in person or via phone is required to reserve your place.

**Desert Vista,** 363-1278 Wednesdays, 10 a.m. Thursdays, 3 p.m.

**Pinnacle,** 240-1326 Tuesdays, 9 a.m.

Mountain Shadows, 966-1414 Wednesdays, 3 p.m. Thursdays, 10 a.m.





# March 2019 Group Fitness Class Schedule

Effective Friday, March 1

All classes below are held at the Desert Vista Fitness Center, except Chair Yoga, which is held at Sun Shadows. We've added a second Chair Yoga class on Monday mornings.

See online schedule at www.Suncitysummerlin.com for updates.

Group Fitness Class Schedule from the Health and Fitness Department The classes below are FREE to residents. They are <u>NOT</u> Fitness Club classes.

Time	Monday	Tuesday	Wednesday	Thursday	Friday
8 a.m.	8:30 Chair Yoga at Sun Shadows With Jessie		8:30 Chair yoga at Sun Shadows With Kathleen		
9 a.m.	Body Sculpting With Doris		Core, Strength & Balance With Doris		
10 a.m.	Sit & Be Fit With Doris	Sit & Be Fit With Charli	Sit & Be Fit With Doris	Sit & Be Fit With Charli	Sit & Be Fit With Charli
11 a.m.	Body Sculpting With Doris	Intermediate Body Sculpting With Charli	Body Sculpting With Doris	Intermediate Body Sculpting With Charli	Body Sculpting With Charli
12 noon		Active Stretch 30 min With Charli			
5:30 p.m.		Body Sculpting With Kathleen		Body Sculpting With Jessie	
6 p.m.	Core, Strength & Balance With Pam			6:30 Active Stretch 30 min With Jessie	

- Please check with your physician before starting an exercise program.
- Please pick up a numbered ticket from the fitness monitor no more than 30 minutes prior to class. Resident must be present. No cards will be held.
- Participants must wear appropriate workout clothing and closed toe athletic shoes.
- Please bring water and a towel to class for your health, safety, and comfort.
- Active Stretch: A 30-minute deep stretch class with standing, seated, and lying stretches for all your major muscle groups.
- Body Sculpting: All fitness levels welcome. Use dumbbells, tubing, body bars, gliding discs, and balls to strengthen your muscles.
- Intermediate Body Sculpting: Must have prior experience with strength training fitness classes.
- Core, Strength & Balance: A standing and floor class to strengthen your core and improve balance.
- Sit & Be Fit: Easy on the joints, this class is gentle yet effective. Priority is given to participants of limited physical abilities and to those who require a chair for a majority of their activities.
- Chair Yoga: Chair support is offered so you can perform a variety of seated and standing postures designed to
  increase flexibility, balance and range of movement.

Fitness Committee - Thursday, March 14, 10 a.m., Desert Vista

Join representatives of the Health and Fitness Department as they address residents' questions about new classes, exercise equipment and various health-related topics. Everyone is welcome to share their ideas on how to help improve the fitness amenities offered by Sun City Summerlin Community Association, Inc.

#### **Water Fitness Classes**

These ARE Club classes with fees for membership. Please contact individual clubs for more information.

Time	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
8 a.m.	Aquacize at Sun Shadows & Desert Vista	Aquacize at Desert Vista				
9 a.m.	WateRobics at Sun Shadows					
10 a.m.	Aquacize at Sun Shadows	Aquacize at Sun Shadows				
10:30 a.m.		Arthritis Class at Desert Vista		Arthritis Class at Desert Vista		
11 a.m.			Aqua Zumba at Sun Shadows		Aqua Zumba at Sun Shadows	
1 p.m.	WateRobics at Sun Shadows		WateRobics at Sun Shadows		WateRobics at Sun Shadows	
7 p.m.	Aquacize at Desert Vista	Aquacize at Desert Vista				

Aquacize: Contact Jill Robinson, 217-836-6099 WateRobics: Contact Joan Lambert, 228-2060 Arthritis: Contact Alan Gill, 708-309-4995 Aqua Zumba: Contact Marla Fair, 498-8218

Location	Hours of Operation	Pool Hours	Lap Swin	Swim Club	Children's Hours
Desert Vista	6 a.m10 p.m.	6 a.m10 p.m. Outdoor pool closed for winter, but spa is OPEN	Daily 6-8 a.m. Daily 4-6 p.m.	M, W, F 9-10 a.m.	Daily 1-4 p.m.
Mountain Shadows	6 a.m9 p.m.	Outdoor pool closed for Winter			
Pinnacle	6 a.m8 p.m.	6 a.m8 p.m. Outdoor pool closed for winter, but spa is OPEN			
Sun Shadows	6 a.m 8:30 p.m.	6 a.m8:30 p.m.	Daily 6-8am Daily 4-6pm		

#### Save the Date: Opening Pool Party/BBQ

We've heard from several residents that an opening pool party/BBQ would be a great kick-off to the outdoor pool season and we agree. Keep an eye out for more information as we get closer to the pools opening. This is a great way to start the pool season for a community that is strong, social, and active!



### Health & Fitness Events

IMPORTANT INFORMATION ABOUT SEMINARS AND CLASSES - Unless otherwise indicated, all seminars and classes are FREE, and are held at Desert Vista. Each requires advance registration with the Social Monitor at the Desert Vista, Mountain Shadows or Pinnacle community centers, beginning the first of the month. Space is limited. If sold out, you may come 30 minutes prior to the start of the seminar to be placed on a waiting list.

#### **SEMINARS**

#### Lunch and Learn: Can Pre-Diabetes be Reversed?

Tuesday, March 7, 12 noon

Megan Powell, Clinical Dietitian. More than 100 million Americans have pre-diabetes or diabetes. Learn the definition of pre-diabetes and how it is diagnosed; find out how you may prevent or delay diabetes, what foods to avoid if you are pre-diabetic and more. Lunch will be provided by Summerlin Hospital.

#### Dr. Fara Thomas – How Nutrition Affects Your Mouth and Teeth

Tuesday, March 12, 12 noon

Eating healthy is important and we all know that. But you may not realize that your teeth and their surrounding structures need the proper nutrition to stay healthy. We will discuss how to keep teeth healthy and looking great as we age, as well as tips for our aging teeth to maximize oral health.

#### Fads and Diets: What to Eat?

Tuesday, March 19, 12 noon Join Paul Genick, Certified Strength & Conditioning Specialist, Anti-Aging Consultant and Sports Nutritionist, in the explanation and differences of many fad diets. Keto, Paleo and intermittent fasting are examples of what will be discussed.

#### Functional Medicine and Nutrition

Friday, March 22, 12 noon

Dr. John Bowman of Summerlin Functional Medicine, will discuss the new science of "Nutrigenomics," which shows that changing your diet turns genes off and on, and literally changes the person you are. Also discussed will be advanced and affordable nutritional testing that is available now. Refreshments and a light snack will be provided.

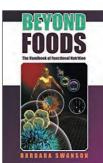
#### Get Healthy Clark County

Tuesday, March 26, 12 noon

Allison Schmitzer, Clinical Dietitian, Southern Nevada Health District, will introduce Clark County's Nutrition Challenge – an eight-week online program that will help increase the number of servings of vegetables and fruits you eat each day. Each week you will be provided with helpful tips to help you reach your goals.

#### Healthy Aging: How Nutrition Works

Thursday, March 28, 12 noon Barbara Swanson, author of the awardwinning book "Beyond Foods, a Handbook of Functional Nutrition" is a researcher who has taught about diet and lifestyle for healthy aging for more than 25 years. Come learn more about how nutrition works.



#### **CLASSES**

#### Mindful Meditation at Sun Shadows

Friday, March 8, 12:15 pm

Enjoy peace and relaxation as SCSCAI Fitness Specialisst Charli Douglass guides you through several different meditations that will leave you feeling grounded, centered and calm.

#### **Healthy Eating Cooking** Demo at Desert Vista, Room 1

Wednesday, March 20, 12 noon

Join the Health and Fitness Department as it introduces several simple recipes you can make at home for healthy meals. You'll learn meal preparation and get a chance to sample the recipes.

#### Outdoor Chairs, Lounges Available for Sale

March 9, 8 a.m. to noon

We have recently replaced the indoor pool furniture at the Desert Vista Fitness Center and Sun Shadows Community Center. The old pool furniture will be on sale to residents on Saturday, March 9, from 8 a.m. to noon at the Desert Vista Outdoor pool.

Chairs are priced at \$10, while lounge chairs will be \$15. We currently have 47 chairs and 13 lounge chairs available for sale. Chairs will be sold as is and all sales are final; cash only. Furniture purchased must be transported at the time of sale. There is no room for storage.

In order to make this process as manageable as possible, we will have a total of 12 20-minute shopping time slots with a maximum of 10 residents per time slot.

Just like our seminars, please sign up with any Social Monitor for your shopping time. This sale will be available on a firstcome, first-served basis, so make sure you sign up for an early time slot. Please be patient and kind. We will see you there. Pool season is right around the corner as outdoor pool season opens April 1.





# Bringing our A game. Every day.

When you or a loved one need medical care, choose MountainView Hospital, which earned an "A" grade for patient safety and a Top Teaching Hospital designation from The Leapfrog Group, national quality and safety experts, in its most recent report.

This esteemed recognition is based on critical patient safety and quality results, and it demonstrates MountainView Hospital's commitment to providing exceptional patient care.

There's a reason we're passionate about patient safety. IT'S YOU!

MountainView-Hospital.com





A Sunrise Health System Hospital



Security Patrol

702-254-2303



#### Tales From the Night Drivers

n the days of black and white television there was a series called "The Naked City" that ran for four seasons (1958-1962). The narrator ended each New York City police/detective story with "There are 8 million stories in the Naked City..."

Sun City Summerlin isn't a big city, however, your Security Patrol drivers on the night shift (midnight to 4 a.m.) know that this city doesn't sleep, either. Many are awake and active.

While on patrol, Massood Modarres relates encountering a man walking up and down a street peeking into windows. Massood talked with him and moved him on. He added, "I once chased an undercover agent thinking he was a suspicious individual."

Rick Cornstuble told this story. "While driving the 0000-hour watch, I found a car parked on the side of a street with the motor running and a young woman leaning over the steering wheel. I called it in to the dispatcher, then approached the car and rapped on the window. A very drowsy woman told me she was an EMT who worked a double shift and while heading home realized she was too sleepy to continue driving. She had pulled off to take a nap before finishing her trip home. The story rang true and when I drove by later, she was gone." Electronic games under the stars are enjoyed by some residents. A driver, who prefers to remain anonymous, related his memorable story.

"I responded to a call reporting that someone might need assistance. When I arrived at the location, I found a wonderful resident who was simply parked and playing Pokeman. She assured me she was fine and played often at night. It is great to see our residents enjoying their retirement years." Massood recalled responding to a call about a woman in a wheelchair who might need help.

"The lady was in her nightgown, sitting in her wheelchair playing a game on her smart cell phone," he said. "She didn't need any help."

There are neighbors who walk for exercise at midnight. Jean Mohler and Joan Keltner told a story of responding to a call from a person driving down Lake Mead Boulevard who saw a man standing at Lake Meade and Thomas Ryan who appeared lost. "We drove to the location and found him. The gentleman knew his name but not his address." The sisters continued, "We had a Sun City Summerlin telephone directory. He found his name in the directory, which also had his address. We took him home and his wife was very happy." Finally, there are the lovers. After all, it is past midnight and nights here in Las Vegas are warm. Rich Henson recalled a shift he had patrolling the Eagle Crest maintenance area, on the golf course. "A car was parked and I radioed it into the dispatcher. Then I approached to find a young man and woman in the car. I told them that this was a retirement community and they had to move on. After adjusting themselves, they drove off."

"What amazes me are the number of people who come home late from where-ever they have been. I never thought a retirement community would have as many late, late commuters," Massood said.

These stories are a few of the many experiences Security Patrol drivers have on the midnight shift in a retirement city that apparently never sleeps.

Interesting experiences can be yours while in retirement by joining Security Patrol. Please call the base at 254-2303. It is open 24/7.

Dorothy Macchio/Sun City Summerlin Security Patrol

The next Security Patrol meeting is Tuesday, March 26, 7 p.m. at Desert Vista.

# YOUR COMPLETE AUTO SERVICE PROVIDER - ALL MAKES & MODELS



**FAMILY OWNED SINCE 1978!** 



Maintenance | Engine Repair | Diagnostics | Emissions | Alignment | Suspension | Transmission | Struts & Shocks | Clutches

ing! 2-Year/24,000-Mile **NationWide Warranty!** 

See www.SunAutoService.com/warranty for details

ALL OIL CHANGES INCLUDE:

- ✓ New Premium Oil Filter
- ✓ Tire Rotation, Check Fluids
- ✓ Lube ~ if applicable
- ✓ Complete 50+ Point Vehicle Inspection

# PREMIUM SYNTHETIC BLEND

5w-20 or 5w-30 Premium Synthetic Blend Motor Oil - Up to 6 Qts

Most cars & light trucks

0w-20, 5w-20 or 5w-30 Premium **Valvoline Full Synthetic Motor** Oil - Up to 5 Qts.

Many new vehicles require Full Synthetic Motor Oil

\*Plus waste disposal fee & tax. Please call or go online for an Appointment.

Ceramic or OEM **Equivalent Pads** 

## **SERVICE INCLUDES:**

- ✓ New brake pads or rear shoes
- ✓ Inspect master cylinder & brake hoses
- **✓** Resurface rotors or rear drums
- Repack front wheel bearings
- ✓ Road test the vehicle (Except sealed units)

#### OFFER EXPIRES - 4/30/19

\*Per axle. See Store Manager for Details - Some exclusions apply. Must present coupon at time of service. - One coupon per person per visit - no cash value - most cars & light trucks.



WE WILL SCAN YOUR ON-BOARD COMPUTER FOR DIAGNOSTIC CODES FREE OF CHARGE!

Symptoms Include: All Runability Problems No Power ~ Misfires **Engine Light On** Failed Emissions

See Store Manager for Details





7555 W Washington Ave

Las Vegas, 89128

702-304-1010

FRFF Towina with Major Repairs

9530 W Tropicana Ave Las Vegas, 89147 702-474-6777

## **Appointment Scheduling Online** SunAutoService.com

Check out our All New Website!

Monday - Friday at 7:00 am Saturday at 7:30 am **Closed Sunday** 

8 Las Vegas Locations to Serve You.

# WADE HAMMOND, THE VOICE PRESENTS

# "Country Crooner Legends Show"

Saturday, March 2, 7 p.m.

\$20

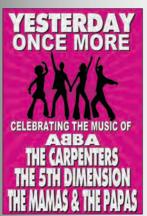
Prom the Grand Ole Opry House in Nashville to stages across the U.S., Wade has 23 years of full-time musical performance and awards, including Nashville's ICMA Winner Male Vocalist of The Year and was twice nominated for Entertainer of The Year. He will entertain you with 40 songs from 27 artists of country and crooner legends from the 1950s, '60s, '70s and '80s. You will hear George Jones to Frank Sinatra, Alabama to Lou Rawls and Randy Travis to Engelbert Humperdinck. Remember when music had the full rich baritones? That is what Wade will deliver. Come see and hear why they call him "The Voice."



## MICHAEL CHAPMAN AND CHAPQUIST ENTERTAINMENT PRESENT

# "Yesterday Once More" Celebrating The Music of ABBA – The Carpenters – The Mamas & the Papas – The 5th Dimension

Wednesday, March 6, 7 p.m.



\$20

From the creators of the hit shows "Oh What a Night!," "Supreme Reflections" and "Four by Four" comes a unique new musical revue. Michael Chapman and Chapquist Entertainment present the world-premiere of "Yesterday Once More," celebrating the music of ABBA – The Carpenters – The Mamas & The Papas – The 5th Dimension. In addition to instantly recognizable hits of some of the most popular music ever recorded, "Yesterday Once More" stars four dynamic performers whose lush, harmonic interpretations are featured as an ensemble and individually. From The Carpenters' "Close to You" to ABBA's "Dancing Queen and The Mamas and The Papas' "California Dreaming" to the 5th Dimension's "Up-Up and Away," you'll enjoy non-stop hits, colorful choreography, and informative and humorous banter. For anyone who simply loves great pop music and amazing vocal blends, this is a show not to be missed.



Sunday, March 10, 3 p.m.

\$20



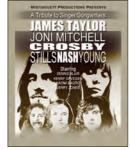
This Is A Man's World ... Buttt" is produced, arranged and stars international recording artist The Amazing Ané. For 26 years you've seen her as a member of "Rock & Roll Hall of Fame Legends," and The Shirelles. In her very own brand new production you will see Ané as you've never seen her before. She takes you on an incredible journey back to the era of music that gives audiences exactly what they expect – music that feels good and lyrical content that pleases. This dynamic show includes amazing lead and background vocals, an orchestra and extraordinary dancers. An energetic stroll down memory lane includes the music of Frank Sinatra, Sammy Davis, Jr., Little Anthony & The Imperials, Chubby Checker, Smokey Robinson, Lesley Gore, James Brown, The Shirelles, Peggi Lee, Aretha, Carole King, and the list goes on. So yes, "This Is A Man's World...Buttt"

# MISTINGUETT PRODUCTIONS PRESENTS

A Tribute to Singer/Songwriters ... James Taylor, Joni Mitchell and Crosby, Stills, Nash and Young

Sunday, March 17, 3 p.m.

\$20



In the annals of singer-songwriter history, there are few better than James Taylor, Joni Mitchell, and Crosby, Stills, Nash and Young. Celebrate the timeless music and singing of these iconic artists with a tribute to some of their most famous and popular songs. The show stars Dennis Blair and Kenny Davidsen, who brought you the sold-out tribute to Simon & Garfunkel last year. Included in this group of singers are Jerry Jones and the silky vocals of Naomi Mauro. With a top-notch backing band and a special surprise guest, this show will take you back to the transforming music we all love. Get your tickets

early, this will be sure to sell out quickly!

## THE GATEWAY ARTS FOUNDATION PRESENTS

# Whitney Phoenix "In Grand Style"

Sunday, March 24, 2 p.m.

\$20

In Grand Style" – what an absolutely perfect way to celebrate the fabulous piano artistry of Gateway favorite Whitney Phoenix. Audiences look forward to Whitney's annual concert and his wonderful special guest. Whitney's music arrangements, sparkling personality and delightful personal stories make this an afternoon for every age. Whitney is a treasure, loved and very popular with Las Vegas audiences so be certain to arrange for your tickets to assure your seat for this fine event. Partial proceeds from the concert always benefit the Gateway Arts Foundation scholarship program for outstanding Las Vegas music students.



tarbright

Be sure to get your tickets early for all **Starbright Theatre** shows. Tickets may be purchased online at www. SunCitySummerlin. com, as well as at the Desert Vista, Mountain Shadows, and Pinnacle community centers. Tickets are non-refundable. Purchases may be made online with a credit card, or pay with cash or check at the community centers (exact change is required). For information on Starbright Theatre shows, call 240-1301.

# Paul Gurvitz and The Acoustic Army

Saturday, March 30, 7 p.m.

\$20

Multi-platinum, award winning U.K. legend singer/songwriter Paul Gurvitz returns to the Starbright Theatre, bringing with him his new ensemble The Acoustic Army. He will perform songs from his past and recent albums, as well as play special dedications to Jimi Hendrix, Elton John and others who are just some of the artists he has performed and recorded with during his 50-year career.



## PETER, PAUL AND MARY "ALIVE" PRESENTS

# "Leavin' On a Jet Plane"

Saturday, April 6, 7 p.m.

### \$20

Peter, Paul and Mary "Alive" is the premier tribute group in the world to the famous trio. This multimedia show entitled "Leavin' On a Jet Plane" turns back the hands of time, engaging and entertaining audiences around the globe with great detail to the look, feel and sound of one of the most successful folk groups of all time.



# "Michael Jackson Tribute"

Saturday, April 13, 7 p.m.

### \$20

Bearing a remarkable resemblance to the King of Pop, Justin Dean has performed in multiple venues across the country entertaining fans with his amazing performance as one of the top Michael Jackson tribute artists. He has performed extensively in Las Vegas as the star of "MJ Live" for three years, in addition to theaters across the country. In early adulthood, upon the invitation of Michael Jackson himself, Justin visited the Neverland Ranch. That experience inspired him to pursue his career as a tribute artist. A celebrity favorite, Justin has performed for Michael Jackson's father, Joe Jackson, Frank Caliendo, Travis Payne (Michael Jackson's choreographer) and many more, all of whom raved about his remarkable performance. You don't want to miss this show with a live band and choreographed dancers.



## MISTINGUETT PRODUCTIONS PRESENTS

# "Vegas Showstoppers...The Best of Vegas Then & Now!"

Saturday, April 20, 7 p.m.

## \$20

 ✓ istinguett and Bill Fayne are thrilled to bring our biggest and most ambitious production of the year to the Starbright Theatre. We have signed the very best talent Vegas has to offer once again to bring you "Vegas Showstoppers...The Best of Vegas Then & Now!" a 90-minute show highlighting the famous timeline of the Las Vegas entertainment history. We will pay tribute to the greatest performers, shows and featured entertainers from the Las Vegas Strip - performers who have stunning resumes including appearances in "BAZ" "Vegas the Show," Steve Wynn's "Showstoppers," "Phantom of the Opera," "Phantom of the Opera," "Las Vegas Tenors, "Slice" and more. Besides the musical vocal performers, will be the famous "Jubilee!" showgirls performing a tribute to fabulous Las Vegas show reviews and, as a very special guest headliner, Kelly Clinton will join us with her very special character tribute to iconic divas - loving tributes to Celine Dione, Aretha Franklin and Carol Channing to name a few. With a cast of 12 Las Vegas performers, a kicking band and a headline comedian, Kathleen Dunbar, you can't miss this one!

## THE VEGAS VOICE PRESENTS

# "The Vegas Vintage Variety Show"

Wednesday, April 24, 7 p.m.

\$20



The Vegas Voice is very proud to present "The Vegas Vintage Variety Show" with the goal to present the very best of singers and performers to Sun City Summerlin. The cast of singers will guarantee to leave you with a song in your heart and a smile on your face. Hosted by Vegas Voice entertainment editor Evan Davis, the show assembles a fantastic lineup of up-and-coming singers. "One of the great pleasures I have is introducing our performers and afterwards being asked why I never heard of these wonderful singers," said Evan. "Our goal is to make sure that you always remember them for what they are – unbelievable, terrific singers and entertainers." Under the music direction of Bob Sachs, this will be an evening of pure joy.

## MUSICMAKERS PRESENTS

## "The Birds and the Bees Get Down"

Friday, April 26, 7 p.m. Sunday, April 28, 2 p.m.

\$10

They are back with a brand new program for your enjoyment. Are you ready to "Dance all night," march to "76 Trombones," "Play your fiddle on the roof?" The Sun City Musicmakers will have you singing along to music you already



know from a great group of composers and their songs! Gershwin, Cole Porter, Lerner and Lowe, "The Music Man" and "Fiddler on the Roof" are a few of the timeless pieces we guarantee you'll be humming on your way home. Director Joey Spinella, along with accompanist Vickie Massie and the members of Musicmakers invite you and your friends to this special event. Get your favorite seats early; tickets can be purchased at the door, online at www. SunCitySummerlin.com (click on "quick links" then "buy tickets"), and at the Social monitor stations at Pinnacle, Mountain Shadows and Desert Vista.

# "Swing It Girls Traveling Roadshow"



Saturday, April 27, 7 p.m.

\$20

et your kicks on Route 66 with The Swing It Girls as they reminisce about their most recent American road trip. Celebrate the land of the free and the home of the brave while the lovely ladies of swing it! Sing through their travels in a show that is fun for all ages. Wear your best vintage attire and get ready for some audience participation. You'll enjoy the vocal stylings of these three gals, backed by a six-piece live band.

# Band, Jazz, Blues, Cabaret & Comedy Nights at the Summit

\$10 per person. Doors open at 6:30 p.m. Food is available for purchase until 9 p.m.; full bar available until 10 p.m. Tickets may be purchased online at www.suncitysummerlin.com, as well as at the Desert Vista, Mountain Shadows and Pinnacle community centers. Purchases may be made online with a credit card, or pay with cash or check at the community centers. Exact change is appreciated. Tickets are non-refundable. Must be 21 years or older to enter the venue. Filming at this event may be taking place. Please see box office staff if you prefer not to be filmed or photographed.

#### **Monday Night Blues**

#### **JEFFREY KOENIG & FRIENDS**

Monday, March 4 7:30 - 9 p.m. \$10



Recently formed in 2018, The Jeff Koenig Blues Band performs a wide range of blues music from classic Chicago blues to modern West Coast swing. The band consists of Las Vegas blues musicians Jeff Koenig on harmonica and vocals, Trevor Johnson on guitar, Luke Metz on bass and Guido Tries on drums.

#### **Comedy Night**

Mistinguett Productions Presents **KATHLEEN DUNBAR'S** 

# COMEDY TONIGHT...

Wednesday, March 20 7 - 9 p.m. \$10

Only the best for our "Comedy Tonight" show, featuring a Las Vegas headliner, the very funny Don Barnhardt. Direct from the Jokesters Comedy Club located at the D

Hotel/Casino. Don's standup is a thrill ride of well-written, topical material exploring modern day society in a way that is hysterical, intelligent and thought provoking. Featured will be veteran comedian Steven Pearl, a well-respected comedian who's been compared to a



tornado on amphetamines. His high-energy comedy is outrageous and hysterically original. Hosting the evening is Brandon James, who performs at The Comedy Store in Los Angeles, the Hollywood Improv and for America's military stationed around the world. With a lineup like this, you better get your tickets early... it'll be a sell out for sure!

#### **Backstage Cabaret**

Tuesday, March 26 7 - 9 p.m. \$10

Cabaret at its finest, the "Cabaret" stars Naomi Mauro, Ryan Baker and Autumn Johnson, three of show organizer Bill Fayne's accomplished acts coming to The Summit all in one show. With an all-star lineup like this one, you can expect an evening of classic New



York-style cabaret performances with our modern Las Vegas twist. Along with our featured performers will be some surprise guests and drop-ins. Come early and enjoy a bite to eat and a cocktail before the show. As usual, be sure to get your tickets early. We sell out fast!

### **Band Nights**

#### SHAMELESS BAND

Friday, March 1 7:30 - 9 p.m. \$10

Playing good-time popular rock, dance and country music from the 1960s through today. Shameless is your premier Las Vegas



cover band, providing a fun and energetic rock 'n' roll experience. The group's diverse set lists covers multiple genres and ensures you will hear songs you recognize and enjoy.

from the 1960s to '90s! Dance and sing along with this amazing band that will have you on your feet and leave you wanting more!

#### **SIN CITY 4**

Friday, March 8 7:30 - 9 p.m. \$10



The Sin City 4 are a Las Vegas-based rock and variety band – four men on a mission to entertain our audiences with a fun and energetic musical journey

through some of the best rock 'n' roll, funk, soul, country and blues. Their repertoire includes favorite songs to listen and dance to, from artists like The Beatles, Elvis Presley, Bruno Mars, Bob Marley, Santana, The Rolling Stones, Tom Petty, Van Morrison, ZZ Top, Johnny Cash, Cheap Trick, Wilson Pickett, Garth Brooks, Peter Frampton, U2, The Commodores, Chuck Berry, Rick James, Lynyrd Skynyrd and more. Sin City 4's slogan is "Music 4 The People" because they perform with passion and 100 percent commitment.

#### **HIGH ROCKTANE**

Friday, March 15 7:30 - 9 p.m. \$10 Experience one of the

Experience one of the hottest cover bands in Las Vegas, playing hits



#### **STEFNROCK**

Friday, March 22 7:30 - 9 p.m. \$10

Summit favorite STEFnROCK is back! Playing everything from oldies and classic rock to current pop/rock, plus their very own original songs. Stefani and Rocky will leave you wanting more of their show and music. Get ready for a night of singing, dancing and fun with STEFnROCK!



#### **ART VARGAS & THE SWANK SET**

Friday, March 29 7:30 - 9 p.m. \$10

Voted Best of Las Vegas, popular showman Art Vargas and his band have played the entertainment scene here for more than 30 years, representing the best of classic Vegas. With an exciting mix of 1950s, '60s and '70s hits,

Vargas plays the musical program that made him a Las Vegas Strip hit. Come enjoy the music, memories and get up on the dance floor with your host Art Vargas, as he plays for you the best of the Vargas lounge years.



## SAVE THE DATES FOR THESE UPCOMING APRIL EVENTS AT THE SUMMIT

Tickets will be available for purchase March 1.

#### **BLUES NIGHT**

Dr. Harpo & The Ace Tones Monday, April 1, 7:30 - 9 p.m.

#### **COMEDY TONIGHT**

Wednesday, April 17, 7 - 9 p.m.

#### **JAZZ NIGHT**

The Eric Vaughn Group Tuesday, April 9, 7:30 - 9 p.m.

#### **BACKSTAGE CABARET**

Tuesday, April 23, 7 - 9 p.m.

#### **FRIDAY BAND NIGHTS**

The Brotherhood – Friday, April 5, 7:30 – 9 p.m. Jolli's Jammers – Friday, April 12, 7:30 – 9 p.m. Linda Angeline Band – Friday, April 19, 7:30 – 9 p.m. El Caliente Band – Friday, April 26, 7:30 – 9 p.m.

# A B 2 0 1 9

SUNDAY	Monday	TUESDAY	WEDNESDAY
9 a.mnoon Brunch at The Summit, \$1295, p47	1-5 p.m., SCSCAI Budget Hearings (DV) p24 7:30 p.m., BluesNight with Jeffrey Koenig & Friends at (P), p42	9 a.m., BOD meeting (DV) 1-5 p.m., SCSCAI Budget Hearings (DV) p24 Bulk Trash Pickup	9:30 a.m., Legal Services Cmte. (DV) 1 p.m., Residents' Forum Workshop (P) 1-5 p.m., SCSCAI Budget Hearings (DV) p24
3	Ч	5	<b>7 p.m.</b> , "Yesterday Once More" (SBT), p38
2 a.m., Daylight Saving Time Begins 9 a.mnoon Brunch at The Summit, \$1295, p47 3 p.m. "This Is a Man's World Buttt" (SBT) p38	11	8:30 a.m., Valley of Fire Trip (P), p11 9 a.m., CAP (DV) p8 10 a.m., DRHC closed meeting (P) 12 p.m., How Nutrition Affects Your Mouth & Teeth, Seminar (DV), p34	8:30 a.m., AARP Driver Safety (DV), p18 6:30 p.m., Residents' Forum "Team Trivia" (DV) p20
HAPPY ST. PATRICK'S DAY 9 a.mnoon Brunch at The Summit, \$1295, p47 3 p.m., "A Tribute to Singer/ Songwriters" (SBT), p39	7 p.m., "American Graffiti" free movie (SBT) p10	12 p.m., Fads & Diets: What to Eat? Seminar (DV), p34 2 p.m., Ombudsman's HOA class on meetings (DV) p22 Bulk Trash Pickup	9 a.m., NPT (DV) 12 p.m. Healthy Eating & Cooking Demo (DV), p34 1 p.m., Golf Oversight (DV) 2 p.m., "The Guardians," free movie (SBT), p10 7 p.m., Comedy Tonight (P), p42
9 a.mnoon Brunch at The Summit, \$1295, p47 2 p.m., Whitney Phoenix "In Grand Style" (SBT), p39		12 p.m., Get Healthy Clark County Seminar, p34 7 p.m., Backstage Cabaret (P), p42 7 p.m., Security Patrol general membership (DV), p36	5 p.m., New Residents' Happy Hour (P) 5:30 p.m., AARP Driver Safety (DV), p18
The State of Control o	25	26	27
9 a.mnoon Brunch at The Summit, \$1295, p47		FITNESS ORIENTATION CLAS	SES

9 a.m., Fitness Equipment Orientation (P) p31
EVERY WEDNESDAY
10 a.m., Fitness Equipment Orientation (DV) p31
3 p.m., Fitness Equipment Orientation (MS) p31
EVERY THURSDAY
10 a.m., Fitness Equipment Orientation (MS) p31
3 p.m., Fitness Equipment Orientation (DV) p31

	FRIDAY	SATURDAY	
	<b>4-7 p.m.</b> , Italian Buffet, \$10 <sup>95</sup> (HF), p47	<b>9 a.m2 p.m.</b> , Annual Home Expo 2019 (DV), p10	COMMITTEE ABBREVIATIONS  ARC Architectural
	7:30 p.m., Band Night with	<b>7 p.m.</b> , "Country Crooner	Review
THURSDAY	Shameless Band (P), p42	Legends Show" (SBT), p38	<b>BOD</b> SCSCAI Board of Directors
12 p.m., Lunch & Learn: Can Pre-Diabetes be Reversed?	12:15 p.m., Mindful Meditation (S), p34	8 a.mnoon, SCSCAI Pool Chairs & Lounges sale (DV	CAP Common Area Properties
Seminar (DV), p34 2 p.m., "Dirty Dancing" free movie (SBT), p10 1-5 p.m., SCSCAI Budget	<b>4-7 p.m.</b> , Italian Buffet, \$1095 (HF), p47 <b>7:30 p.m.</b> , Band Night With Sin City 4 (P), p43	outdoor pool) p35	CCOC Chartered Clubs and Community Organizations
Hearings (only if needed) (DV) p24	8	9	DRHC Deed Restriction Hearing
10 a.m., Fitness committee (DV) p32 1 p.m., ARC (DV)	10:30 a.m., Coffee With the Board (DV) p18 11 a.m., "Double Indemnity" free movie, (SBT) p10 4-7 p.m., Italian Buffet, \$1095 (HF), p47	10 a.m.,-noon, Shred event (MS), p21	T Information Technology
14	7:30 p.m., Band Night With High Rocktane (P), p43	16	Locations
<b>9 a.m.</b> , CCOC (DV) p17	<b>9 a.m.</b> Link committee meeting (DV)	<b>6 p.m.</b> , Monster Jam (P), p11	DV Desert Vista
	<b>12 p.m.</b> Functional Medicine & Nutrition Seminar (DV),		DF Desert Vista Fitness Center
	p34  1 p.m., IT committee		HF Highland Falls
	meeting (DV) 4-7 p.m., Italian Buffet, \$1095		MF Mtn. Shadows Fitness Center
21	(HF), p47 <b>7:30 p.m.</b> , Band Night with	23	MS Mountain Shadows
64	STEFnROCK (P), p43	23	P Pinnacle
<b>12 p.m.</b> , Heathy Aging: How Nutrition Works Seminar,	<b>4-7 p.m.</b> , Italian Buffet, \$10 <sup>95</sup> (HF), p47	<b>7 p.m.</b> , Paul Gurvitz and The Acoustic Army (SBT), p39	PV Palm Valley
(DV), p34	7:30 p.m. Band Night with	ricodotte rimiy (obr), per	S Sun Shadows
2 p.m., Finance committee (DV)	Art Vargas & The Swank Set (P), p43		SBT Starbright Theatre
28	29	30	
			22 36

# for Your Service

Seventeenyear-old Abbott Mosher in 1944



# Abbot Mosher

# 'I Was Afraid the War Was Going to Pass Me By'

By Bob Cohen/Link

ome 16 million Americans served in World War II, approximately 11 percent of the U.S. population. Of these, approximately 550,000 were Jewish-Americans. A few of these men went on to be famous: Secretary of State Henry Kissenger, baseball legend Hank Greenberg, actor/comedian/filmmaker Mel Brooks and author J. D. Salinger among them. Most, however, returned home and readjusted, with varying levels of success, to the normality of peace time America. Included in this group was future Sun City resident Abbott Mosher.

"I was a teenager during the war years and was afraid that the war was going to pass me by," Abbot said. "It was 1944. I still had a year to go in high school, but I couldn't wait. There was no way I was going to get my mother to agree, so I worked on my father and, eventually, he agreed and signed the consent form. With that in hand, I rushed to the local Navy recruiting office in Detroit and tried to enlist. The recruiter looked at the form and asked 'Abbott, who is Herman because he just volunteered for the service?' My father had signed in the wrong place! Certain that my career was over before it started, I grabbed a new form and rushed home to get him to sign again. Fortunately, he didn't have second thoughts and on February 12, 1944, at age 17, I was sworn into the US Navy."

Some 38 percent of servicemen and women were volunteers. About 73 percent served overseas. Abbott was included in both statistics.

"When I enlisted, I requested service in the Naval Medical Corps. I did that to please my mother. She had wanted me to be a doctor or lawyer, and this was as close as I could get."

While at the Naval Training Center in Great Lakes, Ill., Abbott, who was a gifted singer, was a member of the Navy Bluejackets choir, which became famous for its Sunday radio broadcasts from the Ross Theater. Abbott's training was cut short 'for the needs of the service'. There was an ongoing shortage of medical corpsmen due to the heavy casualties being suffered in the Pacific Theater. He was sent to the Naval Hospital in San Diego for training as a Corpsman.

"While there, the Navy put out a call for volunteers to join the Fleet Marines. Here was my chance to get into the action. I volunteered," Abbott said with pride. At that point, Abbott was ordered to Oak Knoll Naval Hospital in Oakland, Calif., for further medical training and subsequently to Shoemaker, Calif., for training with the Fleet Marines. But the war in the Pacific raged on and the time for training had come to an end. Abbott was sent to Treasure Island, where he boarded a ship bound for Hawaii. On April 26, he boarded the MV Day Star, part of a large contingent of ships sailing to Guam and subsequently to Okinawa.

(The MV Day Star had a unique history of its own. Originally christened as the Laura Maersk, she was a cargo ship in the fleet owned by the Danish Maersk Line. In June 1941, with Denmark under German occupation, it along with many other foreign-flagged ships were confiscated by the U.S. Government. Renamed MV Day Star, the ship was transferred to the American President Line and outfitted as a troop transport.)

The war in Europe was in its final days in April 1945. Formal surrender would be accepted on May 8, 1945 (VE day). But in the Pacific the war raged on, the Japanese growing more desperate each day. On April 1, 1945, the largest Allied amphibious operation of the Pacific war signaled the beginning of the last battle of World War II, the invasion of Okinawa, a battle that was to last nearly three months and result in some 350,000 casualties, including 100,000 Japanese soldiers, 94,000 civilians -

one-quarter of the native population and 50,000 Americans. On June 3, Abbott Mosher landed ...

More on this story can be found at: www.SunCityLink.com

# Tavern at the Falls

10201 Sun City Boulevard, Las Vegas, Nevada 89134

at Highland Falls Golf Course 702-254-1581

**Italian Buffet** Fridays. 4-7 p.m.

CHICKEN PARMESAN ITALIAN SAUSAGE & PEPPERS PASTA CAESAR SALAD ROASTED RED POTATOES GRILLED VEGETABLES GARLIC BREAD FRESH FRUIT

DESSERT

**TIRAMISU** PANNA COTTA



\$10.99 PER PERSON, RESIDENTS WITH ASSOCIATION ID CARD; \$13.99 FOR NON-RESIDENTS

# The Summit

at the Pinnacle Community Center 702-240-1313

2215 Thomas Ryan Boulevard, Las Vegas, Nevada 89134

Serving Breakfast and Lunch



**ENIOY OUR POPULAR** BUFFET BRUNCH EVERY SUNDAY, 9 A.M. TO NOON, \$12.95



# Club Discovering Las Vega and the Spotlight Surrounding Areas

# Discovering Las Vegas

Hiking Club



October 5, 2018, Up Trail Canyon/Down Fletcher Canyon = 7 miles round trip

Top row, Susan Feinberg, Pat Ross, Ann Cronin; front row, Marina Cherry, Jon Lubinski, Suzanne Esber, Jeannie Petrie, Mary Klopfer, Nikki Keegan, Kay Taylor, Diane Penman, Terra Cardella, Diane Knighton, Bernice Mea and Claudia (guest hiker).

The Lone Mountain Hiking Club (LMHC) was founded in 1993 and became a Chartered Club of Sun City Summerlin Community Association, Inc. (SCSAI) in 1994 with fewer than 40 members. The club ended 2018 with 184 members and is in the process of building its membership for 2019.



2018 "I Hiked Charleston Peak" via South Loop Trail = 17 miles round trip

Jon Lubinski, Jeannie Petrie, Mary Klopfer, Pat Ross, Terry Hirni; Not pictured, but completed Charleston Peak in the past year for the first time or assisted other first-timers: Rozi Heredy, Marina Cherry, Nikki Keegan, Suzanne Esber, and Diane Knighton.

Club membership meetings are held the first Thursday of each month at Desert Vista, Room 5, at 8:30 a.m., except during the summer months of June through August. Organized hikes are scheduled on Mondays for moderate hikes 3 to 4 miles in distance and Wednesdays for longer, more difficult hikes.

Club hikes take place in the local Las Vegas areas of Red Rock, Mount Charleston, Valley of Fire and Lake Mead National Recreation Area.

The club is fortunate to have several experienced hikers that volunteer their time to lead hikes and encourage members to improve their abilities to achieve individual goals, the ultimate being Mount Charleston Peak (17.5 miles with a 5,500-foot elevation gain). The hike leaders accomplish this by scheduling a series of hikes gradually increasing in distance and difficulty until a member or group of members feels ready to tackle their objective. Members begin to set their goals as they become more conditioned and experienced to achieve some of the more difficult hikes such as Trail Canyon, Fletcher Peak, Griffith Peak and Mummy Mountain.

Occassionally, a small group of members will coordinate out-of-town hiking trips to surrounding locations such as Utah, Arizona, California and beyond.

Photographed are groups that accomplished two of the more difficult hikes in 2018.



(The deadline for April 2019 chartered club articles is Friday, March 1. If you have any questions, call Jeannette Carrillo, Link managing editor, at 702-966-1436 or email jeannettec@suncitylv.com.)

Aquacize – Come join our active, fun club! Aquacize classes meet six days a week, Monday-Saturday and there are four time slots: 8 a.m. and 7 p.m., Desert Vista; 8 and 10 a.m., Sun Shadows (all indoors for the winter). You can try out two classes before paying the \$10 annual fee. If you haven't already paid your 2019 dues, please see a class representative for a membership envelope. Fees are payable by check only to "Sun City Aquacize Club." Our next general meeting will be in April. Details will be announced closer to that time. If you have any questions, contact our President Jill Robinson, 217-836-6099.

Art – Spring is just around the corner. This means the Art Club's annual Fine Arts Show is coming to Desert Vista. Mark your calendars for April 6-7. There will be many paintings and drawings, including multiple works from our professional members and instructors. You will see painting demonstrations, inexpensive works for sale in our art bin, hand-painted cards and refreshments. Admission is free. Come join the fun, and if you love art, consider joining the club. The next meeting is March 18, 1 p.m., Desert Vista. For club information, log on to suncitysummerlinart.com, or contact Steve Brenner, 749-7737.

Arthritis - Do those painful joints keep you from exercising? We have a solution. Slip into your swimsuit and join us in the pool for soothing exercises that get those joints limbered up and relieves pain. These exercises safely move every part of the body. Stretching, range of motion, flexibility and balance improve health and wellness. This low-impact pool exercise club meets Tuesdays and Thursdays, 10:30-11:30 a.m., Desert Vista indoor pool. Check with your doctor to ensure you are fit enough for the class. Annual membership dues are \$35. Call Alan Gill, 708-309-4995, or Colette Gill, 630-639-6740.

**Band Jam** - If you are a Sun City Summerlin musician or vocalist who has no one to play or sing with, the Band Jam Club is looking for you. We are creating a musician's directory that will be available to all Club members. Use









- You still own your home.\*
- No monthly mortgage payment.\*
- Get tax-free\*\* money you can use for anything.
- Eliminate your existing mortgage.

#### How do Reverse Mortgages Work?

The application process is very similar to any other home loan. If you have sufficient equity in your home, your current loan (if you have one) will be paid off with your new reverse mortgage. This will eliminate any current monthly mortgage payment you have!\* Any additional money after your mortgage is paid will be available to you tax-free.\*\*



One Reverse Mortgage<sup>\*</sup> A Quicken Loans Company

Call today for a **FREE** quote or in home consultation! 702-496-6506 CoryCarstens@OneReverse.com

Cory Carstens

\*Homeowner remains responsible for counseling costs, taxes, insurance and maintenance expenses. \*\* Please consult your financial advisor.

One Reverse Mortgage is an Equal Housing Lender. One Reverse Mortgage Nationwide Mortgage Licensing System Number 2052. Nevada License #2188



this directory to find your musicians and singers to create your unique band. Reserve the Pinnacle Music Room through the room scheduler or at the Social Monitor's desk if the date is within a five-day window and create your own musical magic. Annual dues are \$10. If you want to join, call or text Mike at 310-422-1184, or email bandjamclub@ gmail.com. All Club information and updates on the status



of our request (CI for a backline and closet in the Pinnacle Music room) will be sent to all Club members through email or text until we get your email address.

Beading and Jewelry - The Club's business meeting will be at 1 p.m. on Tuesday, March 5, Desert Vista. The remaining Tuesdays we meet at Mountain Shadows – Silver Room at 1 p.m. Classes to be held this month will be a dragonfly pendant by Ellen Crawford on Tuesday, March 12; Paula Nuzzo will be teaching a wrap bracelet. To register for our beading introductory class (no experience needed), contact Ellen Crawford at 475-8806. For other information, call Paula Nuzzo, 820-9343.

**Bicycle** - Ride consistently, have fun and stay in shape year round. We ride every Tuesday, Thursday and Saturday, starting at 9 a.m. The start times will be earlier during

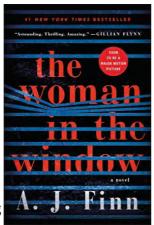


the summer and later during the winter. The Tuesday and Thursday rides start at the Desert Vista parking lot; Saturday rides start at Sun Shadows. Guests of all levels and abilities, including electric bicycle riders, are welcome. No rider left behind! For more information, call 661-238-9719, or email scherry69afa@gmail.com.

Billiards - Billiards or pool has been around for more than a 100 years. The social side of pool has played an important role in the lives of thousands of people. Decelerate the aging process and perk up several cognitive functions. Polish the psyche and come visit us at Desert Vista on Monday, Wednesday or Friday at noon. Call Gavin Lightner, 838-2767.

**Bocci Ball** - We play bocci at Sun Shadows on Mondays and at Desert Vista on Thursdays. Play starts at 2 p.m. For information, call Henrietta Rapp, 987-3456.

**Book** - The Sun City Book Club is excited to share the selection of "The Woman in the Window," by debut novelist A. J. Finn for the March 14 meeting, 2 p.m., Sun Shadows. Finn's novel introduces readers to Anna Fox, a traumatized child psychologist who never steps out of her home. Her husband and daughter moved out months ago, we don't know why; she spends her days watching classic Hollywood thrillers,



learning French and drinking endless glasses of Merlot. She also spies on the new neighbors who live across from her Brooklyn brownstone, the Russells. When she witnesses what she thinks is a murder her days are wildly interrupted. But can an over-medicated, agoraphobic alcoholic be trusted? Come join us for an interesting discussion. Residents and their guests are welcome. If you decide to join our group you can do so for \$2 per year. Contact Cherie at 360-244-2648 or.klipsan2@gmail.com.

Boomer Connection - Have you heard about the Boomer Connection? We're a social club made up of over 400 residents who get together throughout the month at all sorts of events. Happy hours, check; in-home parties, check; lunch, brunch, ethnic dining, sushi, check; bowling, hand and foot, Mexican train, check. This is just a sample of some of our events, and we're always thinking of new ones. Please contact Sophia Castille, scastille64@gmail.com for information.







**MESTEMACHER** 02-245-8606 REALTOR Broker Salesman • *Integrity* YOU should expect – *Knowledge* and Skill to get YOU results YOU want! • Over 16 years selling in Sun City! • Full-time Real Estate Professional to help you sell or buy your next home! Call today for a FREE market analysis! Call John Lee Today! www.JohnLeeSellsVegas.com JohnLeeMestemacher@gmail.com **ONE** REALTYONEGROUP

Bridge (Duplicate) - The Duplicate Bridge Club meets at Mountain Shadows on Wednesdays and Saturdays at noon. Need a partner? Call Gloria, 341-1244, or Marilyn, 254-8245. For bridge lessons, contact Shelly Peretz at 708-610-3375 or peretzshelly@gmail.com. Since the last report, the following 65 percent or better games occurred: Carolyn Palubinskas & Herb Resnik, 78.27% & 65.28%; Carole & Dick Gerk, 72.22 % & 66.20 %; Judy Hoenk & Tom Grue, 69.87%; and Rosemary & Richard Colwell, 65.51%. New members are: Fred Acri, Suat Koprulu, Cecilia Smith and Gloria VanRuden. For information, call President Nancy Popek, 237-9993.

Bridge (Friday Evening) - We play 24 hands of Rubber/Party Bridge at 6:30 p.m. every Friday at Mountain Shadows and we would love to have you join us! You must have a partner along with a table of four to play, which Jan Edwards, our president, 478-6164 or suncityjanedwards@ gmail.com will help you find. Dues are \$10 a year, plus \$1 each time you play. Snacks and coffee are always served. Recent pairs in the money were Bruce and Sherry Gunderson, Rhoda and Gene Engelson, Mary Bird and George Vrahnos, Saralee Treese and Jane Atencio, Rod and Doris Hamburg, Jim and Jan Edwards, Barbara Watts and MaryJo Spigelmyer, Sandy Wallis and Eric Young, Judy Mirisch and John Kelly, and Jan Goldwasser and Earl Pratt.

Bridge (Monday-Thursday) - We would enjoy your company for 24 hands of Party Bridge at Mountain Shadows, High Sierra Room, Monday and Thursday at noon. Dues are \$10 a year. Snacks are always served. You do need a partner and table on Monday, but not Thursday, which is more comfortable for you if you haven't played for a while. For more information and before coming, either day, call Jan Goldwasser, 478-5188 or janet9288@aol.com. Recent winning pairs on Monday were Mary Jo Spigelmyer and guest Karen Muir, Bruce and Sherry Gunderson, Jan Goldwasser & Betty Baron and Nadine Robetor & Patsy Ladrie. The winners on Thursday were Fred Acri, Ted Potts, Donna Fink and Earl Pratt twice.

**Bunco** - We meet the fourth Saturday of the month at Mountain Shadows High Sierra Room. Check-in is 6:30 p.m. Bring your Association ID card for the monitor to see. Game starts at 7 p.m. and is finished by 9:30 p.m. Please contact Trudy, 838-9959.

**Canasta** - The Canasta Club meets every Thursday at the Mountain Shadows High Sierra Room, 6-9 p.m. We follow our own rule book based on American Canasta rules. Newcomers welcome. We'll teach you how to play. Contact our President Howard Shapiro, 798-7069.



**Ceramics**- Happy St. Patrick's Day. We will be having an open house in our Club room on Wednesday, April 10, at the Arts and Crafts building at Mountain Shadows.



Mark your calendar for next month. Until then, you are welcome to stop by to visit, ask us questions or sign up for beginner classes. We are open Monday

through Friday, 9 a.m. to noon. Occasionally we are open Wednesday afternoon. For more information, contact Linda Haber, 714-686-1401. We look forward to your visits.

Chicago/Midwest - It's spring cleaning time, and on Sunday, March 17, the Chicago/Midwest Club will hold its annual white elephant sale. Wrap up your unwanted but very usable stuff and we'll auction it off to some lucky participant. It's a fun and wild evening so be sure to be there! We meet at 6:30 p.m., Desert Vista, Room 5. Please join us. For information, call Myra, 838-3859.

**Classical Music** - On March 25, the Classical Music Club will host a concert at the Starbright Theater at 7 p.m.; doors open at 6:30 p.m. The featured artists will be De Ann Le Tourneau and Voltaire Verzosa, possibly with a friend or two. These are some of the best musicians to grace the stage of the Starbright Theatre. De Ann is the principal





## **ACACIA SPRINGS**

A GRACE MGMT COMMUNITY

# Acacia Springs

The Leader in All-Inclusive Resort Style Independent Senior Living

Acacia Springs is ideal for the active and independent senior who prefers someone else to take on the burdens of home maintenance, cooking and cleaning. We are happy to be that someone else!

- All-day Restaurant-style dining
- Weekly housekeeping and linen service
- All basic utilities, including a cable package
- Daily transportation services
- Year-round Temperature Controlled Pool
- Indoor Whirlpool Spa
- Fitness Center
- Courtyard and Putting Green
- Hair Salon and Barber Shop
- 60-Seat Movie Theatre

We'll also help you move-in!

# **CALL TODAY! 702-942-8700**

www.acaciasprings.com 8630 West Nevso Dr. LV, NV 89147













violinist and concert master of the Las Vegas Philharmonic and Voltaire is the first chair piano player. No information is available yet on what they will be playing, but we can be certain they will be playing it with outstanding finesse and feeling. For more information, contact Will Rydell, lledyrw@aol.com.

**Computer** - The March general meeting will be Thursday, March 7, 2 p.m., Desert Vista. Coffee and cookies will be available. Our guest speaker will be Craig Andrews from the City of Las Vegas. For Club information, go to www.scscc.club, contact Jeff Wilkinson, president, at 527-4056 or pres.scscc@gmail.com.

**Conservatives** – Join us every third Thursday of the month at Desert Vista. Doors open at 6 p.m.; meeting starts at 6:30 p.m. For information, call Jay Sesto, 760-500-9133.

**Cribbage** - Look for the cribbage players at Mountain Shadows every Wednesday, starting promptly at 6 p.m. Please try to arrive at least 10 minutes early. Our members are extremely friendly and we love to welcome new players. We play partners format and everyone strives to reach 400 points in a round. Any questions, contact President Randy Wick, 909-5117 or Vice President Rhoda Merrey, 622-3735. Hope to see you at the tables!

**Dance Company Las Vegas** - Did you know? The Sun City Dance Company is well-known outside of Sun City. The tappers entertain at events and parties all over Las Vegas for non-profits, health facilities, schools and many











HEATING / AC / PLUMBING INSTALLATION / REPAIR / MAINTANANCE

TO USE THIS COUPON CALL US 24/7 AT (702) 710-4070

PREPARE YOUR HOME FOR AN ENERGY EFFICIENT WINTER!

REPLACE HEATING & COOLING SYSTEM TO RECEIVE FREE WATER HEATER! GET YOUR HOME READY FOR WINTER. CHECK-UP YOUR SYSTEM FOR \$49! HEATING DOESN'T WORK GOOD? GET FREE SERVICE CALL WITH ANY REPAIR! REDUCE ALLERGY & ASTHMA SYMPTOMS! FULL DUCT CLEANING FOR \$350!

**10% OFF SENIOR DISCOUNT** 

**TO USE COUPON CALL (702) 710-4070** 

10% OFF MILITARY DISCOUNT

REPLACE HVAC SYSTEM

AND RECEVE FREE WATER HEATER

CHECK-UP

SPECIAL

FREE SERVICE CALL

WITH HVAC OR PLUMBING REPAIR

DUCT **CLEANING** 

\$350 FOR FULL CLEANING

May not combine with others offers. Must present coupon at time of service.



### Does someone you love need a little care and companionship?

At Amada we excel at making simple, everyday tasks into something special. Whether you need hourly help, around the clock care or want to look into senior living options, Amada can offer flexible. affordable solutions.

#### THERE'S NO PLACE LIKE HOME

- In-Home Caregivers
- Free Long Term Care Policy Reviews
  - Licensed and Bonded



www.AmadaLasVegas.com 702-998-3996

## **Advanced Manual Therapy**

Physical Therapy • Occupational Therapy

Mention This Ad for a Free Screening



## CALL NOW

702.896.0383

Most insurance accepted including Medicare



#### We Offer:

- Manual Therapy
- Spine Therapy
- Hand Therapy
- Balance Training
- Trigger Point Dry Needling
- Kinesiotaping
- Cupping
- Golf Swing Assessment
- TMJ and Orthopedics

Summerlin

3 locations serving Las Vegas

Henderson

www.AdvancedManualTherapy.com advancedmanualtherapy@gmail.com

other groups. Also, members of the tap company dance and win awards in competitive programs around town. They are wonderful representatives of the lifestyle we live here in Sun City – healthy, strong and active! Save the dates! Our May show, "Hollywood Lights" is around the corner. We will be dancing at the Starbright Theatre on May 11-12 and 18-19. We offer daytime and evening tap classes for every skill level. Contact Jane at sewdancer5678@gmail.com or 255-4100. Be sure to check us out on Facebook.

Dance Connection - The Dance Connection Club serves all abilities at all levels. At our Dance Expo the class that got everyone in the audience moving was our Sittin' & DanSin' Class. Come join us for lively party music and laughs while working out from your chair or wheelchair. Join us Wednesdays at 2:30 p.m. at the Pinnacle - your body will thank you. Our other Dance Connection Classes include Get Movin', Just Dance, Get Up & Dance, Sittin' & DanSin', Absolute Beginner Line Dance, Beginning Hula, Round Dance, Absolute Beginner Ballroom, Dance Fit, Absolute Beginner Flamenco and Intermediate



Flamenco, Line Dance 1 & 2, Ballroom, Advanced Hula, I-Moves, Kahiko-Ancient Style Hula, Island Movement, and Beginner Round Dance. The Dance Connection welcomes new members to any class. Your first two classes are always free. Pick up our schedule at any fitness center or at any class. Call Kris, 443-8759.

**Euchre** - Euchre is a card game usually played with four players per table (two partnerships). It is a trick-taking game with a trump suit and played with only 24 cards; cards below 9 are removed from the deck. We rotate tables and partners, so Euchre is a very social game for all levels. No partners are necessary. Lessons are available. Join us on Wednesdays at 6 p.m. at Mountain Shadows. Call John, 330-603-7863.

**Fitness** - We offer a variety of classes, such as Cardio & More, Strength & Toning, Total Body Conditioning, Yoga, Pilates, Sculpt, Beginner's Yoga, Yin Yoga and Stability Ball Balance/Strength Training. The Club's full class schedule, registration details and updates are posted



on the Club's bulletin board at the fitness centers. Extra copies can be obtained from the monitors. Annual dues are \$10 and are pro-rated at mid-year. Sun City residents who are not Club members may attend two classes to measure appropriateness before joining. Fitness Club members not registered for the term of a class may attend single classes, space permitting, for a \$3 fee (nonmembers, \$5). Contact Kim at 253-347-5608, or Carol at 271-5187, or scsfit@fastmail.us.

French - If you know someone who would like to teach, let us know. Classes are held on Fridays, 2-4 p.m., Sun Shadows. We have beginner, intermediate, advanced and everything in between. Classes are fun and very social. We learn the French language, as well as culture. Membership fee is \$1 per year. Le Cercle Francais would love to have you join us. Call Joseph Skibinsky, 233-3548.

Friends of The Summit - Attention music lovers! Want to join a group of like-minded people dedicated to keeping the Sun City Summerlin music scene alive? Friends of The Summit is a booster club that promotes and supports music events held at the "view-tastic" Summit showroom located at the Pinnacle. Our mission is to serve as ambassadors to encourage increased use of The Summit and foster a sense of community during fun-filled events that celebrate many genres of great, danceable music: Monday Blues Night (usually the first Monday of each month); Tuesday Jazz Night (usually the second Tuesday); and Friday Band Night (weekly Rock, Pop, etc.). These events are open to everyone; check the Link's Summit page and monthly general calendar for band information and schedules. Tickets (\$10) are available online and at all Sun City community centers. Benefits of joining Friends of the Summit include private club events for members, email reminders prior to each Summit music event and the opportunity to meet fellow music lovers. Many members also enjoy tapping into volunteer opportunities, such as serving as greeters, ticket takers and emceeing at our events. Annual membership dues (\$1) are currently being collected at our music events. Contact us to suggest bands, join, volunteer or ask questions at friendsofthesummitscs@gmail.com. Follow us on Facebook at Friends of the Summit.









**Gin Rummy** - The Club meets every Sunday night at Mountain Shadows. Singles and couples are welcome. Please sign in between 6-6:20 p.m. Play starts at 6:30 p.m. If you need information, call Eunice Gelman, 810-6889.



Golf (Guys and Gals) - The Guys and Gals Golf Club March 17 tournament will be held at Highland Falls Golf Course. Check-in is not later than 7 a.m., with a shotgun start at 7:30 a.m. For more tournament information, contact Chris and Dave Klee, 254-2461. For membership information, contact Sumiko Tatsue, 562-4856. Our website is www.suncityguysngals.com.

Golf (Ladies) Executive - The Ladies Executive Golf Club is looking forward to welcoming spring this month. In March, we hold a three-week Eclectic Tournament, March 5, 12 & 19. Springtime also means the Club's Invitational "Breakfast at Tiffany's" is scheduled for



May 7. Sign up as the 100 spots are almost sold out because this is a popular event for all Valley golfers. Whether it's the Invitational or our weekly tournament, join us for a fun game of golf on a beautiful course. We play every Tuesday morning at Eagle Crest. In March, tee time is at 7:30 a.m., with check-in by 7 a.m. Did you know you can try out our club twice before joining? We accept beginning through seasoned golfers. Please contact our Membership Chairwoman Sandy Wright (cell: 661-478-0076), for more information. This month's general meeting is Tuesday, March 26. To learn more about our Club, or to get a copy of the Invitational application, visit our www.scsleg.com. You also can browse through our slide shows and discover the fun we have! We would love to have you as a new member!

Golf (Men's) 18 Hole - "Golf is deceptively simple and endlessly complicated; it satisfies the soul and frustrates the intellect. It is at the same time rewarding





# It's a Digital World

The Link Online refreshes every Tuesday at 10:30 a.m.

Whether you are at home or away, you can:

- · Read the magazine online
- Follow our local, resident columnists
- Place a classified ad & more

Suncitylink.com



Grand Prize: Two Tickets to a Vegas Golden Knights Game

First Prize: \$75 Quick Appraisal by Certified Appraiser Second Prize: Your Favorite Photo Professionally Mounted Third Prize: \$35 Online Smiths Shopping Certificate

Go to your Facebook to enter Contest. Enter group name in Search box & ask to Join Sun City Summerlin Homeowners Group

You may also visit our website to enter at: www.FindSunCityHome.com or phone us at: 702-313-8100

Winners will be announced in Group & on Website on March 15, 2019.



Selling Sun City Summerlin & the Las Vegas Valley since 1985.

Experience and Caring you can Trust

# Cabinet Refacing & Kitchen Remodeling with Cabinet Craft

## Why Choose CabinetCraft?

Because we are from the old school, family owned with over 30 years experience

- **\*OLD SCHOOL STANDARDS**
- **\*OLD SCHOOL CRAFTSMANSHIP**
- **\*OLD SCHOOL SERVICE**
- **\*OLD SCHOOL EFFICIENCY**



Low price written guarantee plus we will beat Sears and The Home Depot refacing prices

For a FREE In-Home Visit CALL 233 - 1888

Visit our Showroom at www.CabinetCraftVegas.com LIC# 0075464 7871 W. Charleston Blvd #120 Las Vegas NV 89117



## Don Egbert Cell:702-376-1966

9406 Del Webb Blvd Las Vegas, NV 89134



#### Start Packing: We Have Buyers!

- I am the # 1 Agent in Sun City Summerlin for 2016
- Call For Short Sale Info
- Bank owned and REO Homes
- Free Large Color Map of SUN CITY

Call Today For A Free Market **Analysis On Your Home** 

Join me for my "Tour of Homes", 11 Am & 1 PM, 7 Days a Week. 9406 Del Webb Blvd (CVS Shopping Area)



and maddening – and it is without a doubt the greatest game mankind has ever invented." - Arnold Palmer. We completed our first set of special events in February with our 2-man/2-day golf challenge. I had to write this before the results were in, but I hope everyone who got to participate enjoyed the venue. It was a new special event for us and we hope to continue these types of events for the membership. March brings with it our annual home and home with Revere. It also will be a two-day event where we will pit our two-man teams against their two-man teams, alternating with two events between our courses. Joe Griffin and Dave Wignall will be heading up the event, so when they ask for participants be ready to help us keep the trophy. Spring is just around the corner and I, for one, am looking forward to warmer and calmer weather. The golf management personnel will be preparing our courses for summer play and we should see the same type of improvement as we saw for our winter golf. One thing that we discussed at the oversight meeting in January was over-seeding. The plan for this fall is to not over-seed Palm Valley. The Palm Valley fairways will have been sodded with Bermuda once the irrigation project is complete in mid-September. The plan is to try to create a solid Bermuda base before we try any over-seed. I want to thank those of you who adhere to the 90-degree rule, raking sand traps, filling divots, repairing ball marks and staying 30 yards from the greens. These are simple golf etiquette rules that help to keep our courses in great shape. The Golf Oversight committee will have had a meeting in February to discuss CIs for our golf courses. I will provide you with a synopsis in my April article and put a synopsis on our website, 18holers.org. The next Golf Oversight meeting is Wednesday, March 20, 1 p.m., Desert Vista. If you have questions, call Colbert, 859-979-4376.

Golf [Men's] Niners - Due to the colder weather in March, the annual nude tournament will be moved to mid-summer! Just kidding. Four Thursday tournaments will take place in March, starting time at 8 a.m. Our first out-of-town tournament is scheduled for April 29-30, in Laughlin. A two-day event you won't want to miss. Jerry Kistler has made all the arrangements for two good, solid days of fun. Watch for sign-ups in March. Sign-ups must be in by April 1. Another special event will take place on April 13, our annual golf and picnic will happen at Eagle Crest and the picnic area at Desert Vista. More details to follow. See what you're missing by not being a member! You can change all that by becoming a member. Applications can be found at our local golf shops, or you may go on line at www.scsniners.com. Any questions, call Pete Bentiveca, 941-223-6550.



Golf [Women's] - Now that the holidays are over and the kids' and grands' visits are a sweet memory it's time to think spring and hope it shows up sooner rather than later. Come join our golfing gals and stare down Mother Nature with us! The price is right and the time is now. We play a shotgun every Tuesday morning at 8 a.m. and have a general membership meeting with lunch monthly. Check our website, www.scswomensgolf.com, for membership forms and more information. You also can contact our Vice President Billie Dauk at b.dauk1951@gmail.com and she will pair you up with a buddy who will walk you through the joining process and show you the ropes. So while it's still snowing from Denver to Dover, we'll be basking in 55 degrees and sunny. All skill levels are welcome and encouraged. Hope to see you soon!

**Gun** - All regular meetings are held on the second Friday of the month, 1 p.m., Desert Vista. If you are new to firearms ownership, have been considering purchasing a firearm for home defense or concealed carry, or are an old hand at firearms and looking for others to practice with, the Sun City Gun Club is the place for you. We offer free in-house training courses that will teach you all about firearms, help you select a firearm, show you how to clean/maintain your firearm and teach you about the legal aspects of defensive shooting. The Club also hosts speakers, a spring BBQ and a holiday lunch. Contact Scott Decker, scgunclub2019@hotmail.com. Be sure to check out our new Club website at scsgunclub.com.

**Hiking** - The monthly meeting will be March 7, 8:30 a.m., Desert Vista. Hikes take place on Mondays (easy/ moderate) and Wednesdays (moderate/challenging). Club members will receive email notifications of Monday and Wednesday hike details, including departure times. Departure times will be dependent on temperature and weather conditions. Non-members should call coordinator Ann Cronin 737-5758 for time and details. Hiking carpools will leave from the northeast corner of the Pinnacle parking lot. (Note: New departure location) Visitors are welcome. Contact Ann Cronin, 737-5758, for more information, including fitness-level recommendations.



# **Combine** Home & Auto. Save big.

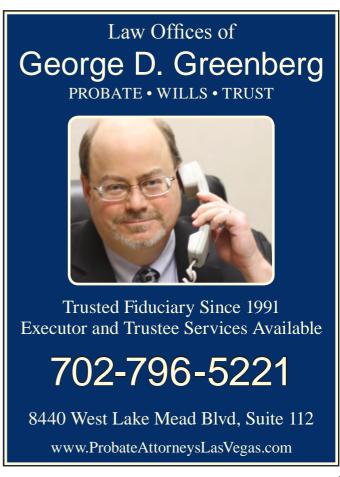
Mervyn J Matorian CLU ChFC, Agent 8538 Del Webb Boulevard Las Vegas, NV 89134 Bus: 702-256-8100 merv.matorian.b7qy@statefarm.com Mon - Fri 8:00am to 5:00pm Sat & Evenings by Appt.

Good things happen when you combine your home and auto insurance with State Farm®. Like saving an average of \$894.\* Plus, you'll have a good neighbor like me to help life go right. CALL ME TODAY.



\*Average annual household savings based on 2016 national survey of new policyholders who reported savings by switching to State Farm.

State Farm Mutual Automobile Insurance Company • State Farm Indemnity Company, Bloomington, IL State Farm County Mutual Insurance Company of Texas, Dallas, TX • State Farm Lloyds, Richardson, TX State Farm Fire and Casualty Company • State Farm General Insurance Company, Bloomington, IL State Farm Florida Insurance Company, Winter Haven, FL









**Investment** - The investment in advance family planning via in-home care and facility use has risen by 1.5 to 3.8 percent annually for more than a decade, which significantly outpaces inflation. We will be educated by the CEO of Friends of Parkinson's, Regional Director from the Alzheimer's Association, Regional Marketing Director of SPOTLIGHT Senior Services Las Vegas, and an elder law and VA-accredited attorney on financially planning for future care needs and preparing for a brighter future. We also will have refreshments and a 50/50 raffle. All this on March 27, 7 p.m., Desert Vista. Join the Investment Club for just \$10 annually and gain a wealth of investment knowledge that could help your financial portfolio. For information, call Steve Commander, Investment Club President, 304-1768.

**Italian** - Friday, March 15t, 6 p.m., will be our annual St. Joseph Dinner. The event will be catered and take place at Desert Vista; doors will open at 5:30 p.m. Dinner, drink and dessert will be provided. The cost is \$15 per member. There will be additional entertainment for your listening pleasure to round out the evening. For Club information, call George Pucine, 242-3707. Members: You can submit your fees ASAP to: Frances Sasaki, 3012 Morning Ridge Drive, Las Vegas, NV 89134. (Also, if you haven't already done so, \$15 membership fees are due and payable, now.) Note: For Italian language lessons, Italian Club members only, contact Joan Jones, 869-3999.

**Jewish Friendship** - Our March meeting will take place on Tuesday, March 19, 7 p.m., Desert Vista. We are pleased to have Lou DeMeis, a fantastic singer, who appears at the Suncoast Variety Shows and has starred locally in "Les Mis," "Cabaret," "Guys and Dolls" and "My Fair Lady." Also appearing will be Reese Carter, a delightful 15-yearold singer with a fabulous voice. Refreshments will follow. For further information, call President Ed Turken, 341-9516

**Krafty Kritters** - Do you enjoy making crafts, knit, crochet and enjoy scrap booking, tole painting? Then come and join other like-minded individuals on Tuesdays, 1-3 p.m. and Saturdays, 9 a.m. to noon, in the art room

located at Desert Vista. Tole painters meet on Thursdays, 9 a.m. to 3 p.m. Our general meeting is the first Saturday of every month and our next meeting will be March 9, 9 a.m., Desert Vista. Krafty Kritters will be holding an open house on Saturday, March 9, 9 a.m., at Desert Vista, so come and check us out and see what we are all about. Light refreshments will be served. We except donations of craft materials, yarn and fabric. For information regarding donations, contact Mary Graves, 228-0218. For information on the Club, call our President Marilyn Pittman, 240-0517.

**Liberal** - This month's meeting will be Monday, March 4, 7 p.m., Desert Vista. Coffee and snacks will be ready by 6:30 p.m. Club meetings are held on the first Monday of each month. All residents are invited to join. Dues for 2019 are \$5 per person. If you would like additional information, send an email to scslc@cox.net for a prompt response or leave a message a 233-4977.

**Mah Jongg** - The Mah Jongg Club meets every Tuesday from 10 a.m. to 4 p.m., Mountain Shadows. We welcome all residents to join us in this fun and challenging tile game. Dues are \$10 per year. The President of our Club is Nona Krannawitter, and she can be reached at 327-3623. If you would like to learn how to play, contact Sharon Chaiken, 243-8271.

Men's - Great program, great breakfast, great events, great friends. Men in Sun City are doing it. You should, too! Join us for our monthly breakfast meeting (last Tuesday of the month), Desert Vista, 9 a.m. Yearly dues are \$10, continental breakfast meetings are \$3 each. Our club has monthly happy hours, discussion breakfasts at a local restaurant, small group get-togethers, poker games, volunteer projects to help our community, a men's discussion group, lunch outings and many other special events for men and their significant others. Our club is growing every month, and we are one of the most active clubs anywhere. For information, call Alan, 847-558-5423.

Military and Friends - Our February Valentine Party was well-attended and enjoyed by all. We invite members and guests to join us at our annual picnic on May 18, 11 a.m. to 3 p.m. It will be held at the Desert Vista picnic area. Our picnic will be in honor of Desert Storm veterans. Desert Storm veterans in the community are invited. Membership in our Club is open to all residents in Sun City. Annual dues are \$10 a person. Join us for fun and comradeship. For information about our Club, contact Larry Jones, 405-8685, or Lorraine Spofford, 456-3958. Visit our website, www.scsmilitaryandfriends.com for up-to-date information.





## NELSON S. ANTHONY Attorney At Law

over 40 years experience • Sun City resident Wills • Transfer on Death Deeds Powers - \$100 each • Trusts - \$500 hourly & flat rates on request reliable, affordable help

815-295-3053

CALL ME - YOU WILL BE GLAD YOU DID.







You can subscribe to our eNews Bulletin and get reminders of meetings and notification of significant events in real time.

Go to www.SunCitySummerlin.com and click on eNews to subscribe.



**Model Builders** – Our next Model Builders Club Meeting will be Wednesday, March 13, 10:30 a.m., Desert Vista. Meeting dates are the second Wednesday of the month. The Club's goal is to provide a creative environment that allows our members an opportunity to achieve

excellence in scale model building (in plastic or wood), as well as to enjoy model railroading, featuring our extensive HO layout. Club members also are involved in leather crafting,



wood carving and doll house building. The Club welcomes new members who are interested in working in wood, plastic or leather, or who would enjoy rebuilding our new and fantastic HO model railroad. For information, contact Bruce Adams, 463-9921.

**Musicmakers** - We have been having fun with our spring concert music. Our performance is scheduled for Friday, April 26 7 p.m., and Sunday, April 28, 2 p.m. Come and check out the Musicmakers at our rehearsals each Monday in the Music Room at the Pinnacle. We are a fourpart harmony group. Many of the pieces on the schedule may include songs that you know and enjoy. We meet at 1 p.m. for a full rehearsal, (first Monday of each month 12:45 p.m. for an informational meeting). Wednesdays at the same time are reserved for sectionals when needed, except for the month prior to the concert when that day is also a full rehearsal. Our director, Joey Spinella, provides us with top quality direction, and our accompanist Vicki Massie, with her talented fingers, helps prepare us for our fun and enjoyable concerts. For information, contact Darlene Vaughan at 307-330-8421 or popoagieranch@hotmail.com. We always welcome other singers from Sun City!

**New York** - The next meeting of the New York Club will be Wednesday, March 6, 7 p.m., Desert Vista, Room 5. Our guest will be impersonator Mikel Peterson, presenting Las Vegas showgirl stories. Watch and enjoy Liza Minnelli appear before your eyes. Refreshments will be



Silver Sky Assisted Living 8220 Silver Sky Dr. LV, NV

(702) 835-9040

at Deer Springs
Assisted Living

6741 N. Decatur Blvd. #3 LV, NV (702) 462-7700

## www.SilverSkyLasVegas.com



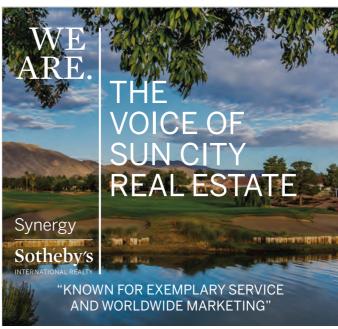
for an apartment at one of our two Silver Sky Assisted Living locations. Our all-inclusive rates start at \$1930 per month. Call to schedule your personal tour and complimentary lunch today!

**CALL TODAY!** You may qualify

\*Income & other qualifications apply







#### The Laferriere Team





**Carol Laferriere** c 702.285.3044 carol@synergysir.com **Keith Laferriere** c 702.210.5174 keith@synergysir.com

We Specialize in Sun City

# Your retirement vision

## Guiding clients through uncertainty



James Small, CFP® Senior Vice President-Wealth Management 702-792-3125 jim.small@ubs.com

The economy. Interest rates. New political landscape. Retirement is part of your larger life story, but with so many factors beyond your control, are you on track?

With over 28 years of experience, Jim has been recognized as an industry leader by Forbes, Top 250 Wealth Advisor for 2017, and Barron's, Top 1,200 Financial Advisor, 2018. By fully tailoring a financial plan to your income and spending needs, he can provide you with confidence that you will be able to live the life you desire in retirement. Additionally. Jim specializes in intergenerational financial planning—so after your retirement needs are satisfied, you have a plan to ensure you leave behind a legacy.

#### **UBS Financial Services Inc.** 10801 West Charleston Boulevard Las Vegas, NV 89135 ubs.com/team/jimsmall



Accolades are independently determined and awarded by their respective publications. Neither UBS Financial Services Inc. nor its employees pay a fee in exchange for these ratings. Past performance is no guarantee of future results. For more information on a particular rating, please visit ubs.com/us/en/designation-disclosures. Certified Financial Planner Board of Standards, Inc. owns the certification marks CFP® and Certified Financial Planner™ in the U.S. As a firm providing wealth management services to clients, UBS Financial Services Inc. offers both investment advisory services and brokerage services are separate and distinct, differ in material ways and are governed by different laws and separate arrangements. It is important that clients understand the ways in which we conduct business and that they carefully read the agreements and disclosures that we provide to them about the products or services we offer. For more information, visit our website at ubs.com/workingwithus. © UBS 2018. All rights reserved. UBS Financial Services Inc. is a subsidiary of UBS AG. Member FINRA/SIPC. CJ-UBS-818737798 Exp.: 06/30/2019

Г				
	Club	Contact	Phone	Notes
	AQUACIZE	Jill Robinson	217-836-6099	
	ART	Steve Brenner	749-7737	March 18
	ARTHRITIS	Alan Gill	708-309-4995	
	BAND JAM	Mike Klein	310-422-1184	
	BEADING & JEWELRY	Paula Nuzzo	820-9343	March 5
	BICYCLE	Steve Cherry	661-238-9719	
	BILLIARDS	Gavin Lightner	838-2767	
	BOCCI	Henrietta Rapp	987-3456	
	BOOK	Cheryl Kidd	360-244-2648	March 14
	BOOMER CONNECTION	Sofia Castille	281-300-4537	
	BRIDGE (DUPLICATE)	Nancy Popek	237-9993	
	BRIDGE (FRIDAY NIGHT)	Jan Edwards	478-6164	
	BRIDGE (RUBBER)	Mary LaFerney	562-1550	
	BUNCO	Charles Durden	838-9959	
	CANASTA	Howard Shapiro	798-7069	
	CERAMICS	Linda Haber	714-686-1401	
	CHICAGO/ MIDWEST	Myra Feldgreber	838-3859	March 17
	CLASSICAL MUSIC	William Rydell	580-0727	March 25
	COMPUTER	Jeff Wilkinson	527-4056	March 7
4	CONSERVATIVES	Jay Sesto	760-500-9133	March 21
	CRIBBAGE	Randy Wick	909-5117	
	DANCE COMPANY LAS VEGAS	Suzanne Rosenthal	901-4974	
	DANCE CONNECTION	Kris Steinwand	443-8759	
	EUCHRE	John Miller	330-603-7863	
	FITNESS	Kim Holtman	253-347-5608	
	FRENCH	Joseph Skibinsky	233-3548	
	FRIENDS OF THE SUMMIT	Tami Fox	248-882-3364	
	GIN RUMMY	Eunice Gelman	810-6889	
	GOLF (GUYS & GALS)	Amos Barcus	755-9623	March 17
	GOLF (LADIES) EXECUTIVE	Rosie Walisever	401-9678	March 26
	GOLF (MEN'S) 18 HOLE	Colbert Gautreaux	859-979-4376	
	GOLF (MEN'S) NINERS	Paul Hughes	233-4933	
	GOLF (WOMEN'S)	Irene Jamison	405-7507	
	GUN	Scott Decker	540-220-5616	March 8
	HIKING	Susan Feinberg	312-330-3471	March 7
	INVESTMENT	Steve Commander	304-1768	March 27
	ITALIAN	George Pucine	242-3707	March 15
	JEWISH FRIENDSHIP	Ed Turken	341-9516	March 19
	KRAFTY KRITTERS	Marilyn Pittman	240-0517	March 2
L				

Club	Contact	Phone	Notes
LIBERAL CLUB	Bill Wilkinson	233-4977	March 4
MAH JONGG	Nona Krannawitter	327-3623	
MEN'S CLUB	Alan Spector	847-558-5423	March 26
MILITARY & FRIENDS	Larry Jones	405-8684	
MODEL BUILDERS	Bruce Adams	463-9921	March 13
MUSICMAKERS	Darlene Vaughan	307-330-8421	
NEW YORK	Brenda Izen	233-4473	March 6
ORGAN	Marti Stimpson	243-3662	
PAN GAMES	Linda Harrington	778-1436	
PHOTOGRAPHY	Judith Filangeri	473-1153	March 14
PICKLEBALL	August Costanzo	375-4533	
PINOCHLE	Sandra Ideishi	925-642-6764	
QUILTING	Sandra Lawlor	877-9887	March 11
RACQUETBALL	Peter Ruopp	419-420-5175	
RESIDENTS' FORUM*	Karl Wiedemann	256-1966	March 13
R.V.	Timothy Troxel	249-3239	March 11
SAWDUSTERS	Bev Pasco	838-2621	March 6
SECURITY PATROL*	Sandy Lyons	254-2303	March 26
SEWING (JUST SEW)	Sue Voigt	457-8953	March 6
SHUFFLEBOARD	Dori Gonzales	303-929-4482	
SILVER FOXES	Diana Doorly	203-5488	
SILVER, LAPIDARY & GLASS FUSION	Sharyn P. Smith	473-5479	
SILVERTONES	Marty Myers	256-6646	
SOFTBALL- MEN's	Paul Flynn	244-0122	
SPANISH	Norm Hirata	503-4584	
STAINED GLASS	Michael Drace	970-2442	
SUN CITY CHARITIES/ VOLUNTEERS*		254-5831	
SUNSHINE SERVICE*	Betty Vittori	281-415-4769	March 4
SWIM	Paul Brandt	725-600-3771	
TABLE TENNIS	Laureen Lentz	909-648-1397	
TAI CHI	Mary Dodson	818-430-1617	
TENNIS	Ellen Crawford	478-8806	
THEATRE (COMMUNITY)	Kim Fannin	901-3358	
TRAVEL	Marise Mizel	242-2704	March 13
WATEROBICS	Joan Lambert	228-2060	
WOMEN'S	Judy Auerbach	242-0727	March 21
WRITER'S Workshop	Maxine Muccigrosso	360-1863	
YOGA	Carolyn Palubinskas	243-3758	
ZOOM ZOOM	Marla Fair	498-8218	



served. Annual dues are \$13. Bring a friend. For additional information, call Brenda Izen, 233-4473

Organ, Piano and Keyboard - Spring is almost here and so is Saint Patrick's Day. With that in mind we're learning "When Irish Eyes Are Smiling," "You Are My Sunshine" and "It Might As Well Be Spring." Why not learn a new skill in 2019? We love having new people come to

our lessons. Members of the Club are at all skill levels so there's no need to feel uncomfortable. We meet on Tuesdays at 9 a.m. We play selections from the Hal Leonard E-Z Play #200 "Best Songs Ever" book, as well as other songs that may be of interest to the group. The instructor, Sandy, teaches every other Tuesday.



Members practice and play on two organs and a piano and may use the Music Room for practice by reserving with the Social Monitor. Club meetings are scheduled on the second Tuesday of each month. Visitors are always welcome. The Club has a jam session every Tuesday from 10-11 a.m. We'd like to invite community members who play instruments to join us during that time. Please call Marti, 683-4112, if you have any questions.

**Pan** - Pan is played on Tuesdays at Mountain Shadows, 11 a.m. to 3 p.m. Dues are \$10 a year. Learn how to play with Carol Riley. Please call to make an appointment, 240-4771. The president of our Club is Linda Harrington. She can be reached by phone at 778-1436.

**Photography** - Photography Club is for photographers of all levels. The Club meets on the



second Thursday of every month at 7 p.m., Desert Vista. We welcome visitors to attend their first two meetings for free. Annual dues are \$10. Our calendar and monthly theme are









on our website: http://www.photography-scslv.club. If you need information, contact J Filangeri, Secretary, at snapscslv@gmail.com or 473-1153.

**Pickleball** - Come and play the fastest growing sport among seniors. The Pickleball Club meets every Tuesday, Thursday, Saturday and Sunday, starting at 9 a.m. The courts are located at Desert Vista next to the Security Patrol Office. Dues are \$15 a year. All levels of play are welcomed. We have many players who will show you how to play the game. We have a challenge court for the more experienced players. The spring BBQ is scheduled for April 6. The next Round Robin to help raise money for the Assistance League of Las Vegas is April 13-14. We also will host the Nevada Senior Pickleball games in October. Our website is scpickleball.com. For more information, call Augie Constanza, president, 375-4533; Bob Latta, vice president, 386-956-9048; Nadine Carter, secretary, 792-338-1351; or Judy Davis, treasurer, 541-729-4395. Hope to see you on the courts.

**Pinochle** - Are you new to pinochle or do you need a couple of brush up lessons? We have members who can book time to meet with you prior to playing with this Club. The Pinochle cCub meets for double and single deck pinochle every Tuesday at Mountain Shadows. Players check in for play no later than 4:45 p.m. Play begins at 5 p.m. This club is so much fun. Challenges, laughter and meeting new folks top the evening — honest! For additional questions or information, call Sandi, 925-642-6764.

**Quilting** - The Quilt Club meets on the second Monday of each month at 9:15 a.m. at Desert Vista.

Stop by the Pinnacle Quilt Room to purchase handmade items, or to buy raffle tickets for this year's beautiful quilt. For 2019, we'll be exploring free motion, crumb and long arm quilting. We also have many charity projects that support infants, veterans and local shelters. Find more information at www.scsquiltclub.org.

Racquetball - The Sun City Racquetball Club welcomes new members who want to either give the sport a try or resume play. During 2018, the Club added 14 players, growing to 43 members. The Club offers reserved

Tired of being treated like cattle at the big assembly line practices? Come back home to old mid-western values where WE CARE ABOUT YOU AND YOUR EYES.

# OCTOR LOCATION



653 N. Town Center Dr. Suite 212 702-982-1360

www.SeeRightNow.org



# **TIMOTHY A. PEROZEK, MD**

**BOARD CERTIFIED OPHTHALMOLOGIST** 

- St. Rose Grade School
- · St. John's Jesuit High School
- University of Notre Dame
- Medical College of Ohio
- University of Colorado Residency



- Precise, careful cataract surgery
- Effective glaucoma and macular degeneration prevention and treatment.
- Curing of the blurring.
- Powerful dry and itchy eye solutions.
- Impressive and affordable ocular nutrition.
- Personalized and cost effective glasses with free adjustments and cleaning.
- Same-day appointments available.
- Accepts Medicare and most insurances.



LAW OFFICE OF SEAN M. TANKO LIMITED

## Free Office Consultation

Wills, Trust, Asset Protection, Probate, Guardianship And Personal Injury.

Home Visits Upon Request

Phone: 702.463.8700

8670 W Cheyenne Ave. Suite 130 Las Vegas, NV 89129

> Conveniently located just West of Rampart on Chevenne

court times for singles and doubles play for all skill levels for our court at the Mountain Shadows Fitness Center. Lessons can be arranged for new members or those who would like some additional playing tips. Member will be alerted by email or the court-side Club bulletin board about any special events, including single elimination or ladder tournaments. The officers for 2019, elected at the annual Club meeting in December are: President Pete Ruopp, 419-420-5175; Vice President Alan Aimone, 778-1216; and Secretary/Treasurer Annie Brown, 802-355-5451. Give a call to any officer for Club information. Your serve!

Residents' Forum - All residents of Sun City are members of Residents' Forum. You pay no dues and our programs and the refreshments are always free to Sun City residents. Our programs range from social activities like Bingo night and a holiday party to a chili cook-off and team Trivia to wonderful musical evenings and programs that provide valuable information. Past programs have included presentations on scams and crime prevention. Put the second Wednesday of the month on your calendar and join in the fun at 7 p.m. at Desert Vista. Do you have an idea or want to help out? Join us at 1 p.m. every first Wednesday of the month at the Pinnacle for our meetings. We are all volunteers and want you to join us. Call Karl Wiedemann, 256-1944.

R.V. - Wagons Ho ... That's the goal of the RV Club as we hold campouts at a variety of locations throughout the Southwest. We've gone to the Shakespeare Festival in Cedar City, Utah, enjoyed Bluegrass music on the beach at Lake Havasu, strolled through historic San Diego, meandered around Sedona, ridden a train that provided breathtaking views and enjoyed a BBQ turkey dinner while looking out on the rugged Colorado River's Black Canyon from Willow Beach. Plans are now taking shape for upcoming trips that will include a mix of both old and new destinations. For example, join us as we travel to Morro Bay, Calif., to enjoy the best of beachcombing and Central Valley wine tasting. If you have an RV or travel trailer of any type, or want to rent one, please join us! Make new friendships, marvel at what the geographic area has to offer and help us determine where we want to go! For more information, you are invited to call club President Tim Troxel, 249-3239. We meet at Desert Vista the second Monday of each month at 7 p.m.

**Sawdusters** - Our Quarterly Meeting is on Wednesday, March 6, at 9 a.m., Desert Vista. Our new planer has arrived. We do small repairs for Sun City residents. Donations of tools and wood are always welcome. We are now taking calls from anyone interested in a beginner's classes. Other classes are offered on various machines. Finalization on all classes will be in agreement



with CCOC. Please call Bev, 838-2621, for further information. Shop Hours are daily, 8 a.m. to 7 p.m.

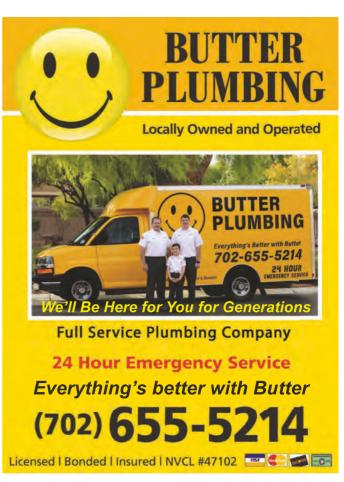
Security Patrol - Security Patrol is a volunteer organization made up of residents of the Sun City Summerlin community. We are the eyes and ears of the community, providing 24-hour patrol of the Sun City roads. Members serve as drivers, dispatchers and Information Center officers. Contact the Patrol at 254-2303, or visit us at base (located at the rear of Desert Vista's parking lot). We're here 24 hours a day, 365 days a year. Our membership meetings are held on the fourth Tuesday of each month at 7 p.m., Room 5, Desert Vista. If you are interested in joining the Patrol, we are happy to take you for a ride-along.

**Sewing (Just Sew)** - Please join us on Wednesday, March 6, at Desert Vista for our monthly meeting starting at 1 p.m. New, prospective and current members are welcome. Thanks to all of you who came to our sewing room sale in February. Those interested in what the Sewing Club does are invited to visit the Sewing Room at Mountain Shadows any Thursday from 9 a.m. to noon to see our Club in action. As always, donations of yarn and fabric are welcome. For more information, contact President Sue Voigt, 701-457-8953, or visit our website, https://scsclubs.wixsite.com/scsjustsew.

**Shuffleboard** - New members are always welcome. Play is Tuesdays, Thursdays and Saturdays at 9 a.m., weather permitting. Courts are located behind Mountain Shadows between the tennis courts and putt-putt golf. You are welcome to play the days that best fit your schedule. Any questions? Call Dori Gonzales 303-929-4482.

**Silver Foxes** – Join us for low-impact aerobics to Richard Simmons tapes and reap the rewards of improved cardiovascular health, increased muscle tone and an improved overall fitness level. New members are welcome to get moving with us at Sun Shadows on Monday, Tuesday, Thursday and Saturday at 10 a.m. For additional information, call Diana Doorly, 203-5488, or Mary Ann Tricoli, 228-4614.











### Silver, Lapidary & Glass Fusion - Silver, Lapidary and Glass Fusion Club is a fun and friendly place to learn silver casting, lapidary and glass fusion. Come take a tour and sign up for our classes. We have fantastic instructors and our members are very supportive. Club meetings are held in the Silver Room at Mountain Shadows. Club rooms are open weekdays, 9 a.m. to noon,

except Tuesday. For more information, call Sharyn Smith,

**Silvertones** - If tunes such as "So in Love," "Wishing You Were Somehow Here Again," "Heart" and "Maria," plus a vignette from "Chicago" appeal to you, you will



473-5479.

want to see and hear the Silvertones' Spring Concert entitled "Lullaby of Broadway." The concert celebrates popular Broadway musicals and you don't want to miss it, so mark your calendar for Saturday, May 4, 7 p.m.,

and Sunday, May 5, 2 p.m., at the Starbright Theater. Tickets will be on sale soon at all Sun City community Social Monitor stations or at http://suncitysummerlin.com/ for \$10. The Silvertones is under the superb direction of George Pucine with accompaniment from the exceptional Tim Cooper. If you are interested in joining the Silvertones, we meet every Thursday in the Music Room next to the Starbright Theatre, 1-3 p.m. Please contact Marty Myers, president, 256-6646, with any questions.

**Softball-Men's** - The softball season at the Pinnacle field is well into its second half with seven teams competing within the two leagues. The games are Monday, Wednesday and Friday, beginning at 9 a.m., continuing through April giving each team a 56-game schedule. We welcome new players at any time so come on up to Pinnacle Field and check us out. We have batting practice each Thursday at 9 a.m. so join us for a few swings against our pitching machine. So far this season the Softball Club has added 18 new players, bringing the total membership to 110. For more information, contact Paul Flynn at 255-0122 or melodyflynn2000@yahoo.com. Election Notice: The Softball Club will hold its annual election in April, 15-19, and announce the results at its annual general membership meeting and banquet on May 8 The Summit. A nomination

committee is recruiting a slate of potential officers for our four board positions - President, Vice-President, Secretary and Treasurer. The board term runs from June 1 to May 31. Interested members should contact the committee or current board to volunteer, or to nominate a fellow member.

**Spanish** - *Hola!* The Spanish Club is seeking a Sun City, Spanish speaking instructor for its intermediate conversational class. Por favor llama me si estas interesado! The Spanish Club offers two beginning classes. The formal class is held on Fridays at 9 a.m. The less formal class, with emphasis on conversation, is held on Wednesdays at 9 a.m. You may try both and attend the one that works best for you, or attend both. There are three more advanced classes, all held on Friday. The intermediate conversational class meets at 8:30 a.m. A second intermediate class meets at 10 a.m. The advanced class also meets at 10 a.m. All classes meet at Sun Shadows. You can attend two class sessions before you must join the Club in order to continue. Dues are \$1 per year. To join, obtain a membership envelope from a Club officer; all officers are in the Friday 8:30 a.m. class. Your Association member number is required for Club membership. For additional information, contact Norm Hirata at 503-4584 or nhirataesq@gmail.com. ;Bienvenido! (Welcome).

**Stained Glass** - This Irish window was made by our Club member Georgia Foley-Rutkowski. Please come down



to our Club, located in the craft wing of the Mountain **Shadows Community** Center. Take a tour, talk with our members, enjoy a class of instruction on the stained glass equipment, as well as the endless uses for the glass itself. We have exceptional and highly regarded instructors. Once you've gone through this, become a member and enjoy! We are here to help you, give you ideas, whatever you need. For more information, call our President Mike Drace, 970-2442, or our Vice President Mike Wuebker, 341-8021.

Sun City Summerlin Charities/Sun City **Volunteers** - Charities provides transportation services for residents who no longer drive, transportation





to medical appointments, shopping and other personal services. Charities also offers handyman services such as changing smoke alarm batteries, replacing light bulbs and furnace filters, as well as repairing broken drawer glides and cabinet hinges. Charities offers general information about senior citizen services that are useful to many of our residents. If you would like to lend a hand and are good at performing minor household repairs, call Charities, 254-5831, or stop by our office, Monday to Friday, 8:30-11 a.m., next to the Desert Vista picnic area, to discuss how you can become a volunteer.

Sunshine Service - We loan medical equipment and children's equipment to Sun City residents with an Association ID. Our warehouse is next to the Security



Patrol office at Desert Vista. We also collect aluminum tabs, Campbell Soup labels, and food donations for charity. Salvation Army's food barrels are located at our warehouse and in the lobby of Mountain Shadows. Our warehouse is open Monday through Saturday from 9-11 a.m. and also 1-3 p.m. on Mondays and Fridays. The next general meeting will be on Monday, March 4, 11 a.m., Desert Vista. After the meeting, attorney Jerry Creed will give a presentation on senior financial planning. If you have questions or are interested in becoming a member of the Club, call 341-9741 during our open hours.

**Swim** - Sun City Summerlin Swim Club is open to all residents of our community. The Club's qualified instructors can teach non-swimmers how to swim, swimmers to swim better and even help you train to swim in the Nevada Senior Games and other competitions. Over 35 people have learned how to swim through individual attention from our coaches while our competitive swimmers took more medals at the 2017 Nevada Senior Games than any other group. There's also plenty of time for helping each other and for socializing. We have monthly luncheons, a spring picnic and a holiday party every December. The Sun City Summerlin



Swim Club has exclusive use of the Desert Vista pool Monday, Wednesday and Friday, 9-10 a.m. Membership is \$10 per year. Contact us at scs.swimclub@gmail.com, or call Paul Brandt, 725-600-3771.

**Table Tennis -** The winners of our Club's first 2019 doubles ping pong tournament were (A) Team: Jeff McCabe & Franz Schauer; (B) Team: Bob Swanson & Marilyn Heintz. Later in the year our Sun City players will be challenged by the Anthem Sun City Ping Pong Club. These tournaments are always so much fun and always played in such a fun competitive spirit. Our Club has and welcomes rusty, beginner and advanced levels of play. For seniors like us, playing ping pong (aka table tennis) offers some of the best all-around fun, exercise and fellowship anywhere in Sun City Summerlin. Outside weather conditions are not an issue for us as all play is indoors. Improving one's shots can be accomplished during the many single or double matches. Our annual spring breakfast buffet is planned in March. Hope to meet you real soon. Please stop by and check out all the action. Times reserved for play at the Pinnacle are Monday (robot machine setup), Wednesday and Friday, 9:15 a.m. to noon; Saturday, 4-6 p.m.; Sunday, 9 a.m. to 1 p.m.; and Tuesday, 5-8 p.m. Time reserved for play at Sun Shadows is Thursday, 5:30-8 p.m. What to wear: Tennis shoes and clothing that works for moving around! Cost: \$10 per year. Borrow one of the club's paddles or bring your own. Call Marilyn Heintz, 412-849-6092.

Tai Chi - Tai Chi is the perfect exercise for seniors. All classes for all levels are held at Desert Vista Fitness Center. Annual dues are \$5. For information, call Mery Finkle, 228-8417, or Jim Ko, 586-7787. Introduction



to Tai Chi: Tuesdays and Fridays, 1-2 p.m. Beginners: Beijing 24 form, Monday, 2 p.m./Yang Style 37 Short Form, Wednesday, and Friday, 4 p.m.; Regular: Yang Style 108 Long Form, Wednesday and Friday, 2 p.m., Yang Style 24/108/48, Wednesday, 3 p.m./Yang Style 37 Short Form, Monday and Friday, 3 p.m.

**Tennis** – Join us for \$10 a year, which will allow you to meet other players at your skill level. Treasurer Jo Morykwas will accept your check, payable to Tennis Club of Sun City. Jo's number is 228-8557. Add your name to Sunday's 3.5 – 4-0 league by calling Carol Riley, 240-4771. Look for details coming soon about the spring rotation social and pizza party, open to players of all skill levels. Questions? Call Ellen Crawford, 478-8806.

Theatre (Community) - The Community Theatre Club performed its February show with our very own adaptation of "The Man Who Came To Dinner" - "The Woman Who Came To Dinner." Our comedy was a huge success and our audiences would all agree that this was a woman that none of us would like to have as a houseguest! Our thanks to all who came to see the show and to all who worked for so many months to bring it to life. Auditions for our September show will be held in late April or early May. Please watch our FaceBook page, SCS Community Theatre, for the dates.

Travel (Local) - For local entertainment come to the next Travel Club meeting, Wednesday, March 13, Desert Vista, Room 5, 3 p.m. All events include bus transportation from the Starbright Theatre at the Pinnacle. All show signups require separate checks per event. Membership dues are \$10 annually. The Club meets year round. At the Smith Center, March 3, Sarah Brightman; March 7, Shen Yun afternoon show; March 15, Bernadette Peters; May 3, Nevada Ballet presents "Alice in Wonderland;" May 6, Joshua Bel; May 18; Johnny Mathis; June 6, "Fiddler on the Roof; "June 15; Frankie Vali (in the Cabaret Jazz Theater); and June 20, "Charlie and the Chocolate Factory. April 16, "Tournament of Kings" dinner show at Excalibur; April 23, Nevada Test Site day trip; April 24, James Taylor at Caesars Palace; April 29, National Atomic Testing Museum day trip. For information, call Marise, 242-2704, or Sharon, 838-4319.

**WateRobics** – Is it exercise or therapy or fun? It's all three! The Sun City WateRobics Club offers eight 45-minute classes a week – 9 a.m., Monday through Friday; 1 p.m., Monday through Friday plus Monday, Wednesday and Friday afternoons, all at the Sun Shadows Community

Center pool. All of our classes are conducted by certified instructors. Dues have been lowered to \$110 for 2019. Try out two free classes before you make a commitment. For more information, call WateRobics President Joan Lambert, 228-2060.

**Women's** - The Thursday, March 21, program will feature a black, white and red fashion show from Bonworth, with our models displaying outfits primarily in those colors. Attendees will have an opportunity to browse through the clothes after the style show and to make purchases. There also will be a contest and prize awarded for the most creative Wearing of the Green outfit. This contest is open to our members only. Doors at Desert Vista open at 11:30 a.m. and the meeting starts at 12:15 p.m. For additional Club information, contact Judy, 242-0727, or Mary, 341-6734.

Writer's Workshop – If you love to write and want to be inspired by the most talented and friendly people in Sun City, come join us on the first four Mondays of each month at Sun Shadows, 9-11 a.m. Whether you're interested in novels, short stories, memoirs, poetry, etc., we have classes and members to assist you in a social and educational atmosphere. Annual dues are \$20. We welcome all visitors on the second and fourth Mondays. Call President Maxine Engel-Muccigrosso, 360-1863. Visit our international blogs to read and meet some of our talented members: www.suncityww.blogspot.com and www.summerlinww.blogspot.com.

**Yoga** - This is an intermediate class, welcoming serious students not limited by complex physical limitations. Classes are held at Desert Vista on Tuesdays, Thursdays and Saturdays, 8-9:45 a.m. Monthly fees: One class weekly, \$20; two classes weekly, \$35; three classes weekly, \$45. A one-time trial walk-in is \$5. Call Carolyn, 243-3758, or Joanie, 233-4416.

Zoom Zoom - We are a fitness club that offers many Zumba® classes for all fitness Levels. Moving to Zumba® music will tone, increase strength, agility, flexibility, endurance, and balance while having fun in the process. All classes are held at Sun Shadows. Zumba® is Tuesday and Thursday, 9 a.m.; Aqua Zumba® is Wednesday and Friday, 11 a.m., in the pool; Zumba® Toning is Saturday, 11:05 a.m.; and Zumba® toning BD (Belly dancing) is Monday, 11 a.m. All classes are 50 minutes. We are now accepting \$5 annual dues for 2019, and class fee information is available at all classes. Call Marla Fair, 498-8218, or Ruth Cuti, 546-5465. Try any class for free! Come join us and have fun, get fit, and get your Zumba® on.







# Exclusive travel events & deals!



A Celtic Event: **Ireland**, the Emerald Isle

# Thursday, March 7 at 5PM

Sahara West Library



Special Guest Speaker:

Catherine Reilly of Brendan Vacations

Managing Director, Head of Dublin Team, Ireland native & Embodiment of Celtic Experience & Knowledge

### **Highlights:**

- Explore the Ways to Travel with Brendan Vacations
- What's HOT in Ireland
- Ask about solo traveler options guest & providing them with the
- New Family Hand-crafted
- Golfing in Ireland & Scotland
- Catherine prides herself in rolling out the "green carpet" for each

ultimate Celtic experience!

Special Day of Event Offers • Limited Seating To reserve your seat, call 702.946.8710 by March 4





TRAVEL





Cruises, Land + Sea Journeys

## **Limited NEW Extras!**

- •\$50 Airfare Credit PLUS!
- •\$50 Denali Square Dollars ·Verandah, Lanai, Suite guests get additional •\$50 Onboard Dollars
- Reduced Deposit (non-refundable)

\$50 Onboard Dollars <sup>7 Days</sup> \$1099

10 Days **\$1799** from

702.816.5865

**ALASKA** Land + Sea Journeys

**ALASKA** CRUISES

**RT Seattle** 

3 Days Fairbanks/Denali; 7 Days Cruise

10 Days from **MEDITERRANEAN** CRUISES RT Rome to Dubrovnik, Kotor, Corfu,

Katakolon, Athens, Santorini, Naples

Spring Mountain (at Jones).

\$1709 Charleston (at Hualapai).. 702.816.5863 702.816.5864 Lake Mead (at Buffalo)..



# Monday, March 25 at 4PM

Marie Callender's - West Sahara

Guest Speaker: Richard Bravo

### **Learn About:**

- Canadian Rockies by Rail,
- "One of a kind, curated sightseeing experience from start to finish"
- Customized Rail & Land journeys for your personal interests & expectations
- W. Canada & Rockies' seasons go when you like!
- Exclusive Event Offers!

Very Limited Seating — Must call to reserve seat! Call **702.946.8710** by **March 15** 

www.prestigecruises.com

Prices per person, double occupancy. Cruise only. Select sailings, departures & stateroom categories. Subject to availability. Prices/offers may be discontinued at any time. Other conditions apply. Not responsible for errors or omissions in the ad. Holland America Line. Alaska "limited new extras" valid on bookings made March 1-19, 2019. Other conditions apply. May not be combinable with other special promotions/offers. Brendan Vacations & Rocky Mountaineer: Presentations have limited seating. Must RSVP by dates indicated.

# ARKSIDE

# **REALTY & MANAGEMENT, LLC**

- Full Service Property Management at the **Best Competitive Prices in Town!**
- Ask About Our First Month **Free Management Fees!**

www.ParkSideRM.com

- Free Buyer Representation!
- 1% Listings with Full Service for Sellers!

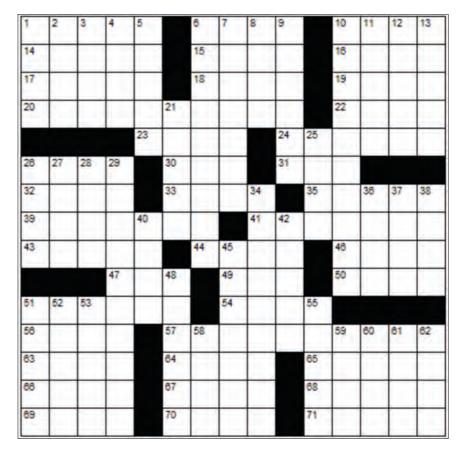
RESIDENTIAL | COMMERCIAL | INVESTMENTS



ANDRE D. SCOTT LLC Broker/REALTOR®/Property Manager

# Ruzzle

- 1. Sunrises
- 6. A box or chest
- 10. Always
- 14. Electronic letters
- 15. Largest continent
- 16. Filly's mother
- 17. Slowly, in music
- 18 Infants
- 19. Scheme
- 20. Merges 22. Enumerate **ACROSS**
- 23. Alone
- 24. Wears away
- 26. Smell
- 30. Cheat
- 31. Nonclerical
- 32. Water barrier
- 33. Applications
- 35. Insect stage
- 39. Conscript
- 41. Control surface on a plane
- 43. Pizazz
- 44. Seats oneself
- 46. 3 times 3
- 47. "Dig in!"
- 49 Zero
- 50. Labels
- 51. Glutinous
- 54. District
- 56. Hue
- 57. Penalization
- 63. Hindu princess
- 64. Angers
- 65. Duck down
- 66. Chocolate cookie
- 67. Sensed
- 68. Mountain crest
- 69. Alert
- 70. Cheers
- 71. Compacted



# Solution to Last Month's Puzzle

Α	М	0	U	R		Т	Н	Α	Т		G	Ι	L	L
R	E	Τ	Ν	Ε		Α	Ε	R	0		Τ	D	Ε	Α
1	L	L	1	Т	Ε	R	Α	Т	Е		Ν	1	Т	S
Α	D	S	0	R	В		L	Τ	D		G	0	U	Т
				0	В	1	Т	S		Т	Ε	М	Р	S
S	Р	Α	М			С	Н	Α	F	Ε	R			
Ε	L	L	Ι	Р	S	Ε		Z	0	Ν	S	Т	0	Р
R	Ε	Α	S	0	Ν				G	Ε	Ν	Ε	٧	Α
F	Α	R	С	Е	U	R		Ш	S	Т	Α	Т	Ε	S
			Ε	М	В	Α	L	М			Ρ	Ε	Ν	Т
В	Α	L	L	S		٧	Α	U	L	Т				
Α	Ν	Α	L		S	1	S		٧	1	L	Ι	F	Υ
S	0	D	Α		Н	0	S	Р	Ι	Т	Α	В	L	Е
Ε	D	Ε	Ν		0	L	_	0		Α	٧	-	Α	Ν
D	Ε	Ν	Υ		D	1	Ε	D		Ν	Ε	S	Т	S

- 1. Sandwich shop
- 2. So be it
- 3. Desire
- 4. Anagram of "Tine"
- 5. Plods
- 6. Brings about changes
- 7. Variant of an element
- 8. Location
- 9. Anagram of "Steals"
- 10. Having a job
- 11. Unexpired
- 12. Delete

- 13. Leases
- 21. Scoundrel
- 25. Train track
- 26. Probabilities
- 27. Soil
- 28. Alright
- 29. Contemplation
- 34. Humorists
- 36. Diva's solo
- 37. Chime
- 38. 1 1 1 1
- 40. Heavy, durable furniture wood

- 42. Small islands
- 45. Fatuously
- 48. Epitomize
- 51. To scatter about
- 52. Crown
- 53. Not outer
- 55. Leading
- 58. Component of urine
- 59. Bog
- 60. Biblical garden
- 61. Catches
- 62. Tall woody plant



Sun City Summerlin Community Association, Inc. Meeting of the Board of Directors February 5, 2019

- The Board of Directors unanimously approved a motion to accept the February 5, 2019, Board of Directors Agenda as amended.
- The Board of Directors unanimously approved a motion to accept the minutes of January 7, 2019, as presented.
- The Board of Directors unanimously approved a motion to accept the bid from Opti-Fit in the amount of \$19,276.40 to replace flooring in the Desert Vista Fitness Center as recommended by Brandon Balek, Director of Facilities Maintenance.
- The Board of Directors unanimously approved a motion to accept the bid from Heritage Pool in the amount of \$4,940 to re-plaster the Desert Vista indoor spa as recommended by Brandon Balek, Director of Facilities Maintenance.
- The Board of Directors unanimously approved a motion to accept the bid from Heritage Pool in the amount of \$4,650 to re-plaster the Pinnacle Fitness Center spa as recommended by Brandon Balek, Director of Facilities Maintenance.
- The Board of Directors unanimously approved a motion to accept the bid from Floorworks in the amount of \$6,614.25 to replace flooring in the Pinnacle Art Room as recommended by Brandon Balek, Director of Facilities Maintenance.
- The Board of Directors unanimously approved a motion to accept the bid from Vegas Flooring in the amount of \$2,934.15 to replace carpet in the Mountain Shadows Sewing Room as recommended by Brandon Balek, Director of Facilities Maintenance.
- The Board of Directors unanimously approved a motion to table RFP #19-16 until March 5, 2019.

- The Board of Directors unanimously approved a motion to accept the bid of JZL Designs in the amount of \$10, 915.28 to remodel the Mountain Shadows Fitness Center monitor station as recommended by Brandon Balek, Director of Facilities Maintenance.
- The Board of Directors unanimously approved a motion to accept the bid of JZL Designs in the amount of \$13,466 to remodel the Desert Vista Fitness Center monitor station as recommended by Brandon Balek, Director of Facilities Maintenance.
- The Board of Directors unanimously approved a motion to accept the bid from Floorworks in the amount of \$22,465.47 to replace carpet in the Mountain Shadows Fitness Center as recommended by Brandon Balek, Director of Facilities Maintenance.
- The Board of Directors unanimously approved a motion to accept the bid of Heritage Links in the amount of \$2,140,000 for Palm Valley Irrigation Project Phase II as recommended by Brian Bagwell, Director of Golf Course Maintenance.
- The Board of Directors approved a motion to accept the age variance request from Lisa LeVasseur with eight members voting in favor and one abstention, Ms. Ellen Bachman.
- The Board of Directors unanimously approved a motion to accept the age variance request from Stefano Pelinga.
- The Board of Directors unanimously approved a motion allowing minor club constitution changes proposed by a club, passed by the Community Services Director and Executive Director, then approved by the CCOC and does not necessitate further approval from the Board of Directors.
- The Board of Directors unanimously approved a motion to accept the 2019-2020 insurance renewals shown as items #5 to #11 under new business as recommended by the Finance Committee.
- The Board of Directors passed a motion to add gray and taupe tones to the paint palette for homes as recommended by the Architectural Review Committee with seven members voting in favor. Mr. Bruce Alitt cast a vote against the motion; Mr. Ken Caroccia abstained.
- The Board of Directors unanimously approved a motion to reconsider the Community Preparedness Team Community Organization.
- The Board of Directors unanimously approved a motion to adjourn the February 5, 2019, Board of Directors meeting at 10:50 a.m.

# Official Notice Board of Directors

2019 MEETING SCHEDULE

MONTH	<b>BOD MEETINGS</b>	<b>BOD MEETINGS</b>
March	03/05/19	
April	04/02/19 (Evening)	
May	05/07/19	
June	06/04/19 (Evening)	06/18/19, 9 a.m.*
July	07/02/19	
August	08/06/19	
September	09/03/19	
October	10/01/19 (Evening)	
November	11/05/19	
December	12/03/19	

## \*Budget Ratification Meeting

June 18, 2019, 9 a.m.

Board Meeting Will Commence After Budget Ratification

All daytime meetings will be held at Desert Vista, Room 5, at 9 a.m., unless noted otherwise. Executive sessions will be held typically after the general meetings; however, executive sessions are sometimes held during a recess of the general meeting for various reasons. Evening Meetings: All evening meetings will be held at Desert Vista, Room 5, at 6 p.m. Executive sessions are held prior to any evening meeting(s).

### Note: A resident has the right to:

- Have a copy of the minutes, a summary of the minutes or a recording of the meeting upon request (\$.10 per page and \$1.00 for the recording per meeting) (NR\$116.31083). Copies of the minutes and recordings of recent Board meetings may be downloaded from the website without charge.
- Speak to the Executive Board, unless the Executive Board is meeting in Executive Session (NRS116.31085).
- The Agenda is posted on the Association bulletin boards and website (SunCitySummerlin.com) on the Friday prior to the meeting.

Recordings of Board meetings will be made. The recordings will be kept for a period of ten (10) years in the Administration's Executive Director's office in the Mountain Shadows Community Center.

Recordings, minutes or a summary of minutes will be available not more than 30 days after the meeting (NRS116.31083). Depending upon meeting schedules, on occasion, the minutes or summary of the minutes may be in draft form.

# SCSCAI Board of Directors and Committee Meetings

The Board agenda is posted on the Administrative bulletin board, on the website, and in the community centers. Copies may be obtained in the Administrative office on the Friday prior to the meeting. All meetings will be held at Desert Vista except where noted on the calendar. For updates, please visit www.scscai.com.

ARC	Architectural Review Committee
BOD	SCSCAI Board of Directors
CAP	Common Area Properties
CCOC	Chartered Clubs & Community Organizations
	Committee
DRHC	Deed Restriction Hearing Committee
IT	Information Technology
Link	Advisory Committee

BOD	Tue., Mar. 5	9 a.m.	DV
Legal	Wed., Mar. 6	9:30 a.m.	DV
CAP	Tue., Mar. 12	9 a.m.	DV
DRHC	Closed Mtg. Mar. 12	10 a.m.	P
Fitness	Thu., Mar. 14	10 a.m.	DV
ARC	Thu., Mar. 14	1 p.m.	DV
GOLF Oversight	Wed., Mar. 20	1 p.m.	DV
CCOC	Thu., Mar. 21	9 a.m.	DV
Link	Fri., Mar. 22	9 a.m.	DV
IT	Fri., Mar. 22	1 p.m.	DV
Finance	Thu., Mar. 28	2 p.m.	DV

# Community Organizations

COITIII	raining Organiz	acions	
Sunshine	Mon., Mar. 4	11 a.m.	DV
Service Group			
Residents'	Wed., Mar. 6	1 pm.	DV
Forum		_	
Workshop			
Residents'	Wed., Mar. 13	6:30 p.m.	DV
Forum Club		_	
Fair			
Neighborhood	Wed., Mar. 20	9 a.m.	DV
Preparedness			
Team (NPT)			
Security Patrol	Tue., Mar. 26	7 p.m.	DV
· ·		_	

# Summary of Operations

Sun City Summerlin Community Association, Inc.
Consolidated Balance Sheet
December 31, 2018
Unaudited

	nsolidated Funds
\$	2,131,337
	3,729,438
	5,860,775
	14,922,391
	46,845,499
	165,000
\$ (	67,793,665
\$	207,941
	6,002,917
	726,291
	6,937,149
	-
	6,937,149
	60,856,516
\$ (	67,793,665
	\$

Sun City Summerlin Community Association, Inc.
Summary of Operations - Operating Fund
For the Period from July 1, 2018 to Decmeber 31, 2018
Unaudited

	 Current Moi	nth - December 3	31, 2018	_	Fiscal Year To	Date (July 2018	- December 2018)
	Actual	Budget	Variance Favorable/ (Unfavorable)		Actual	Budget	Variance Favorable/ (Unfavorable)
REVENUES				_			<u> </u>
Assessments	\$ 865,750	865,750	-	\$	5,108,598	5,108,598	-
Golf Course Pro Shops	235,680	226,377	9,303		1,566,789	1,519,887	46,902
Restaurants	94,260	97,753	(3,493)		535,862	561,110	(25,248)
Newsletter/LINK	55,750	47,042	8,708		283,927	284,752	(825)
Interest Income	3,886	3,100	786		22,637	18,600	4,037
Other Income	96,998	103,282	(6,284)		598,239	616,540	(18,301)
Subtotal	\$ 1,352,324	1,343,304	9,020	\$	8,116,052	8,109,487	6,565
EXPENSES							
Golf Course Pro Shops	\$ 146,216	142,075	(4,140)	\$	867,463	878,797	11,333
Golf Course Maintenance	276,375	278,810	2,435		2,498,338	2,630,049	131,711
Restaurants	140,369	119,508	(20,862)		780,196	737,287	(42,909)
Newsletter/LINK	32,385	40,149	7,764		197,928	251,494	53,566
Administration	127,538	240,177	112,639		1,014,749	1,137,643	122,894
Information Technology	21,249	22,411	1,162		129,089	135,067	5,978
Landscaping	116,708	130,726	14,018		954,533	1,038,290	83,758
Community Services	80,535	61,858	(18,677)		394,142	379,268	(14,873)
Facility Maintenance	188,859	184,807	(4,052)		1,092,056	1,146,679	54,624
Fitness	44,306	49,512	5,207		294,943	318,313	23,370
Security	9,311	6,441	(2,869)		54,455	46,424	(8,031)
Depreciation	237,782	***	(237,782)		1,458,352	***	(1,458,352)
Subtotal	1,421,633	1,276,474	(145,159)		9,736,244	8,699,311	(1,036,933)
Total	\$ (69,309) \$	66,830	(136,139)	\$	(1,620,192)	(589,824)	(1,030,368)

<sup>\*\*\*</sup> Depreciation not included in Operating Budget due to non consolidation of departments during Budget preparation

For additional SCSCAI financial information, please log on to www.scscai.com

December 2018 Supplemental Information:

NORA Collected, net of refunds
Current Year to Date:
\$ 378,738
Prior Year to Date:
\$ 411,948
Home Sales
Current Year to Date:
\$ 286
Prior Year to Date:
\$ 311
Rounds of Golf Played
Current Year to Date:
\$ 44,200

(This is the most recent information reported to Sun City Summerlin Community Association, Inc., by the Sub-Associations.)

		MGMT.	NO.
SUB-ASSOCIATION	MGMT COMPANY	PHONE	UNITS
Arbuckle Drive	Colonial Prop. Mgmt.	458-2580	48
Argents Hill Drive	Adept Mgmt. Services	645-1210	42
Banora Point Drive	Adept Mgmt. Services	645-1210	12
Big Green Lane	American Property Resources	755-9555	24
Big Timber Drive	Adept Mgmt. Services	645-1210	28
Blue Bell Drive	The Mgmt. Trust	835-6904	27
Breakers Creek Drive	The Mgmt. Trust	835-6904	23
Cog Hill Lane	Self Managed-Linda Bucar	233-0223	60
Dark Peak Drive	Hank Falstad	363-4244	12
Desert Butte Drive	Prime Cmty. Mgmt.	869-0937	32
Desert Crystal Drive	Prime Cmty Mgmt.	869-0937	30
Desert Holly Drive	Self Managed-Sandy Krause	405-9902	42
Eagle Valley Drive	Prime Cmty. Mgmt.	869-0937	38
Echo Mesa Drive	Ideal Community Mgmt	247-1115	37
Evening Star Drive	Prime Community Mgt	869-0937	15
Fairway View Drive	American Property Resources	755-9555	28
Faiss Drive	Prime Cmty . Mgmt.	869-0937	47
Fresh Spring Drive	Sierra Community Mgt. LLC	754-6313	54
Gemstone Drive	Adept Mgmt. Services	645-1210	48
Grand Mesa Drive	Ideal Community Mgmt	247-1115	41
Hemet Drive	Community Mgt Group	942-2500	39
Hunter Springs Drive	Level Property Mgmt.	433-0149	16
Junction Hill Drive	Adept Mgmt. Services	645-1210	84
Lightning Ridge Drive	American Property Resources	755-9555	54
Linkview Drive	American Property Resources	755-9555	98
Litchfield Avenue	Adept Mgmt. Services	645-1210	58
Mountain Gate Drive	Desert Cmnty Mgmt.	982-0430 X-102	24
Palmridge Drive	Shannon Day Realty	221-9255	56
Pomona Drive	Ideal Community Mgmt	247-1115	39
Prairie Hill Drive	American Property Resources	755-9555	35
Quail Ridge Drive	American Property Resources	755-9555	66
Ridgeville Street	"AMS Management Group, LLC"	368-3700	16
Showcase Drive	American Property Resources	755-9555	100
Sun City Neighborhood Maintenance	Terra West	362-6262	459
Sundial Drive	Adept Mgmt. Services	645-1210	44
Tumble Brook Drive	Adept Mgmt. Services	645-1210	22
Valley Downs Drive	Adept Mgmt. Services	645-1210	53
Villa Ridge Drive	Desert Community Mgmt.	982-0430	52
Willowrich Drive	Adept Mgmt. Services	645-1210	36

















HOTJETS

702-279-2888

JAN FOWLER

Realtor and Resident

specializing in Sun City

for more than 15 years.















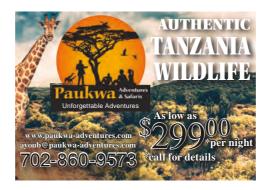






Suncitylink.com Refreshes Every Tuesday at 10:30 a.m. Be Sure to Check the Website Weekly for Expanded Community Coverage, Contests & More.

Suncitylink.com





\$79 – CONDOS \$99- HOMES UP TO 3,000 SQ FT. We bring all the supplies!

702-885-0375 | INFO@ZESTYCLEAN.COM

Licensed and Insured







# Doreen and Jim DONOHUE TEAM

Service is the heart of our business

38 years helping the mature buy and sell homes

702 494 9105

doreen@donohueteam.com

For the latest value of Sun City homes go to:

www.donohueteam.com/suncity











Club Car

Save On Pre-owned & Refurbished Carts

**Best Price On Trojan Golf Cart Batteries** 

Same Day, Mobile Service

Slow Golf Cart? Get 25 mph affordably

Cart Theft Protection
Affordable 4g GPS Trackers

**Golf Cart Rentals** 

702.722.0087 9430 W. Lake Mead Next to Walgreens cubersgolfcars.com

# ITEMS FOR SALE:

Dining Table & 6 chairs. \$200. Also pedestal table w/ glass top \$250. Call 702-834-5334

Brass Cal-King Headboard. \$250 OBO. Call 702-292-

Club Car Elec. Golf Cart. No problems. Runs great. Incl. 48 volt/ Battery charger, seats like new. New windshield. Very fast. \$1500. Call 702-501-4959

Ikea Sleeper Sectional Chaise. Double Bed, 3 seats w/ storage. Ĝray/Blue 90.5"L x 59.5" D x 26" H. Paid \$600 selling for \$260. Call 773-320-8982

(2) Samsung 21" HDTV Flat-screen televisions-Can also be used as Hi-Resolution computer displays. Ideal for Kitchen-Office-sm rooms on top of counter, desk, dresser or wall-mounted. Very good condition & fully functional. Includes: Remote; Manual; Packing. (1) \$60, (2) \$100. Call 775-772-0971

1995 Yamaha Golf Cart Sun Classic G5-A. Great condition \$2700 OBO. Call Dennis or Donna 323-229-4798

10 inch craftsman table saw. Nearly new, 4 mos. hardly used. \$95. 702-838-1177

Acrylic Dining set \$450 will steal it. Very hard to find. 702-363-9906

## WANTED:

Looking for a volunteer pianist/accompanist. Must read music. Call 702-890-1798

Translator needed. Yiddish to English books. Call 818-427-2006

Automobiles/Trucks/Golf Cars; running or not. Sun City resident, retired mechanic. Likes to tinker 702-516-5363

Sun City Residents interested in buying used vehicle & golf cart. Call Carol or Doc at 702-790-2238

### **REAL ESTATE:**

For Rent: Tahoe model-lg. corner lot, 1533 sq ft/2bd/2ba/2 car garage w/storage cabinets. No petssmoking. \$1500 per mo. + utilities. 1 year lease required. 1st mo. Rent/sec. dep/cleaning fee. 702-363-9906

Gorgeous House. View of the strip & mountains. From back patio. View of long stretch of Las Vegas from front patio. 2bd/2ba/2 car garage w/breakfast & formal dining areas. Big den & multipurpose room. Furnished. Can rent unfurnished w/multiple years lease. \$1495. Call 702-325-3717

Two plots side by side. Palm Cemetery 6701 N. Jones Blvd., Las Vegas, NV 89131. Will sell at price we paid in 2006/ Call for info Steve @ 708-516-2062 or Mary Ann @ 702-254-9204

Desirable San Marino Home for Sale. 1653 SQFT. 2BR/2BA. Must see. Call for appointment 702-527-7479

Rental (min 31 days) on Faiss Dr: Sun City Summerlin Elko Model 1179-SF, 2bd/2ba/2car. Fully furnished (includes dishes, linens, etc.) Looks like a model home. No pets/no smoking. Call owner TT at 702-275-8150

# Cassified

Rental (Min. 31 days) on Sungold Drive (Sun City Summerlin): Sandalwood model, 1392 sqft – 2bd/2ba/2car, fully furnished (includes dishes, linens, etc.). Beautiful landscaping. No Pets/no smoking. Call T.T. 702-275-8150

## COLLECTORS SEEKING:

Sun City collector buying guns & quality knives. 702-321-0687

Private collector wants to buy old Rolex watches 1950's thru 1990's. Submariner, Sea-Dweller, GMT, Cosmograph, other models also considered. Premiums paid for Rolex w/original papers and boxes. Also, Rolex not in working condition that need repair, Rolex signs, old Rolex literature, Rolex boxes, Rolex magazine ads, Rolex parts. Also interested in old Omega, Patek, Tudor & Heuer chronograph. 702-683-7338, 702-321-0687, email: UHRLV@yahoo.com

Sun City Resident/Collector wants to buy silver or gold coins and old U.S. Paper money. Will pay cash. Call 416-5628

I buy old watches working or not. Call 416-5628

I buy silver dollars and pay cash. I also buy all other coins: foreign & American. Gold & silvery & old watches. 416-5628

I buy American Indian art, old Navajo rugs, Indian baskets, pots, turquoise jewelry. Sun City resident & collector, Mike. 416-5628

I buy old Military stuff: WW2 & Vietnam helmets, medals, knives, swords, anything. 416-5628

Serious collector wants WW2 memorabilia - American, German, Helmets, Uniforms, Field Equipment, Daggers, Medals, Decorations, Belt Buckles, etc. 702-258-6449

Sun City Resident/Collector wants to buy silver or gold coins and old U.S. Paper money. Will pay cash. Call 702-241-4218

Sun City Collector wants any toy soldiers, trains, building sets, metal toys & Marx toys (playset) from the 1950's & 60's. 702-463-9921

Resident & Dealer buying Guns, Silver \$\$\$'s and Coins. Must leave message for Bob: 702-243-0936

## **MISCELLANEOUS:**

To Sun Run customers w/solar panels: if you feel you have been misled by the company's claim to save on your energy bill, please give me a call, I would like to talk w/ you. Chris @ 702-243-0290

### PERSONAL:

Lonely 85 yr. old white male, 6' 255 lbs., brown eyes & gray hair, in fair health, wants live-in girlfriend under 75 to share expenses. No pets, No smoking. Disability OK. It's terrible to be alone. Call Marvin 702-360-8253

# **Service Directory**

		$\overline{}$	_		
- A I	<b>)</b> Г Λ			REM	1 - 1
	$a = \Delta$			REW	1354

All telephone numbers published in the Link and on SunCityLink.com are in the 702 area code unless noted otherwise.

ALTEDATIONS /UDUOLSTEDV
ALTERATIONS/UPHOLSTERY Alterations by Susan, Crown Dry Cleaners294-1333
Upholstery Servs, Indr & Outdr Furn. AG Interior Design706-0234
opholstery Servs, mar & outur Furn. As interior design
ASSORTED/MISCELLANEOUS SERVICES
A-Newman's Pest Control \$29.99mo power sprayer ser800-7378
Airport Transportation: Safe, Reliable, Affordable. Call Jeff 533-3893
An Estate in Time LLC Providing hi-quality estate sales301-9097
BiteEmBack Pest Control. LIC #7032601-5496
Computer help & tutoring, Jim Ross461-8741
Dog Grooming –Dixie's Gentle Grooming LLC. Lic/Ins538-5092
Grief/Spiritual Counseling & or groups. Lic/Ins339-4100
Neptune Society. America's most trusted cremation services 885-3441
Transportation Around Town, call Dennis
<del></del>
CLEANING: CARPET, HOME & WINDOW
A Absolute Affordable Window Cleaning. Lic/Ins 521-1194
ADD Cleaning725-204-9448
Alta Window Cleaning. Local & family owned. Lic/ins 907-1060
Carpet Guy: Carpet/tile/air duct cleaning, BBB member 645-3092
Carpet/Upholstery/tile & Grout Cleaning., 15% Senior disc 675-4653
Feranza House Cleaning Service LIC #93200358-2360
G&S Window Cleaning. Lic/Ins. Serving Sun City since '93 889-9779
Nelly's House Cleaning Service. Lic/Ins205-7173
Super Cleaning House Cleaners602-432-2948
Window Bright Window Cleaning497-6342
Window Cleaning, Mobile Car Wash and Office Cleaning 763-1008
DENTAL, MEDICAL & HOME HEALTH
Agape Homecare LLC. Your personal care prof. Lic/bonded417-3501
Alert911NOW, personal medical alert systems, locally owned 224-4100
Amada Senior Care. Lic w/Caregiver back ground check998-3996
Amazing Homecare Srvcs/professional in-home caregivers358-9917
D's Senior Services Customized Non-Medical Care
Comfort Keepers, non-med in-home care, lic w/ health dept 385-1000
Rose's Helping Hand & Hairdresser
Troy J. Trobough, DDS – Trobough Dental888-1266
110y J. 110bough, DD3 - 110bough Dental
<b>ELECTRICIANS &amp; HVAC</b>
A/C Services, Campbell Mechanical. lic/bnd/ins. SC Resdnt.807-6497
Affordable A/C & heating services & repair by AIRRIA Climate.328-3002
Air One Heating & Air Conditioning, 15% disc on repairs 384-2471
Alaskan Heating & Air. Senior and Military Discounts803-3131
D&B Electric, serving Sun City since '89327-5368
Electric Service Company. lic #81868. Repairs & new installs 736-4040
On the Spot A/C & Heat. Sr & ML disc. Lic/Bnd/Ins713-7912

Yuriar AC & Heating. Senior & Military discount. Lic/Bnd/Ins.656-6514

FINANCIAL/INVESTMENTS/INSURANCE/LEGAL/TAX Affordable Home/Auto Insurance. Sun City Resident. Lenny...836-9020

Don Barsky CPA (Ret) IRS registered, tax prep, res......236-8205

Elder Law, Trusts & Medicaid. Jerry Creed, ESQ806-7777
Mario Giannini, State Farm Insurance Agent982-3300
Medicare Insurance, Don Berman, Licensed Agent534-0501
Revocable Living Trust, D.R. Gelbman, Esq228-2568
Serl Keefer Welter CPA LLP363-1971
Tax Service/CPAs.McCarthy Kaster Guerrero 898-9000 ex 200
Washington Federal: Banking,CD's & Home Loans638-1236
HANDYMAN
A Handyman Dave, tile & all work, reasonable, 30 yr exp232-2510
All-In-One Handyman. Call Robert818-297-0984
Half-price Handyman. Senior Discount. Lic/Ins
Matt's Handyman. Affordable. No job too small! Lic682-1251
Tony the Italian Handyman. 30 yrs. Exp883-0475
Tony the Italian Handyman. 30 yis. Exp
HOME SERVICES & REMODELING
ADS Garage Doors Lic. & Ins595-2717
Appliance Alliance. Service & repair, senior disc. Call Keith 366-1861
Atomic Solar screens. Family owned. Est. 1996869-2083
Cabinet Craft refacing & kitchen remodeling
Eclipse Solar Screens. Vet Owned/Lic. Sr. Discount219-4282
Home Make-Overs - Lic & Ins. Call Richard881-3641
Kitchen & Bathroom Cabinets Refin. LIC/REF642-8323
Locksmith - Sun City Summerlin, Licensed685-8694
Mailbox/Post: Paint, replace, install new lock box. Call Norm.254-9810
Power Washing Ser., driveways, wikways, bk patios Lic/Ins907-1060
Precision Garage Door – Always Open!475-3554
Same Day Service. Sun City Garage Doors269-9713
LAWN CARE, TREE SERVICE & SPRINKLER SYSTEMS
LAWN CARE, TREE SERVICE & SPRINKLER SYSTEMS  1A-A Sprinkler Repairs, 15% Senior discount
LAWN CARE, TREE SERVICE & SPRINKLER SYSTEMS  1A-A Sprinkler Repairs, 15% Senior discount
LAWN CARE, TREE SERVICE & SPRINKLER SYSTEMS  1A-A Sprinkler Repairs, 15% Senior discount
LAWN CARE, TREE SERVICE & SPRINKLER SYSTEMS  1A-A Sprinkler Repairs, 15% Senior discount
LAWN CARE, TREE SERVICE & SPRINKLER SYSTEMS  1A-A Sprinkler Repairs, 15% Senior discount
LAWN CARE, TREE SERVICE & SPRINKLER SYSTEMS  1A-A Sprinkler Repairs, 15% Senior discount
LAWN CARE, TREE SERVICE & SPRINKLER SYSTEMS  1A-A Sprinkler Repairs, 15% Senior discount
LAWN CARE, TREE SERVICE & SPRINKLER SYSTEMS  1A-A Sprinkler Repairs, 15% Senior discount
LAWN CARE, TREE SERVICE & SPRINKLER SYSTEMS  1A-A Sprinkler Repairs, 15% Senior discount
LAWN CARE, TREE SERVICE & SPRINKLER SYSTEMS  1A-A Sprinkler Repairs, 15% Senior discount
LAWN CARE, TREE SERVICE & SPRINKLER SYSTEMS  1A-A Sprinkler Repairs, 15% Senior discount
LAWN CARE, TREE SERVICE & SPRINKLER SYSTEMS  1A-A Sprinkler Repairs, 15% Senior discount
LAWN CARE, TREE SERVICE & SPRINKLER SYSTEMS  1A-A Sprinkler Repairs, 15% Senior discount
LAWN CARE, TREE SERVICE & SPRINKLER SYSTEMS  1A-A Sprinkler Repairs, 15% Senior discount
LAWN CARE, TREE SERVICE & SPRINKLER SYSTEMS  1A-A Sprinkler Repairs, 15% Senior discount
LAWN CARE, TREE SERVICE & SPRINKLER SYSTEMS  1A-A Sprinkler Repairs, 15% Senior discount
LAWN CARE, TREE SERVICE & SPRINKLER SYSTEMS  1A-A Sprinkler Repairs, 15% Senior discount
LAWN CARE, TREE SERVICE & SPRINKLER SYSTEMS  1A-A Sprinkler Repairs, 15% Senior discount
LAWN CARE, TREE SERVICE & SPRINKLER SYSTEMS  1A-A Sprinkler Repairs, 15% Senior discount
LAWN CARE, TREE SERVICE & SPRINKLER SYSTEMS  1A-A Sprinkler Repairs, 15% Senior discount
LAWN CARE, TREE SERVICE & SPRINKLER SYSTEMS  1A-A Sprinkler Repairs, 15% Senior discount
LAWN CARE, TREE SERVICE & SPRINKLER SYSTEMS  1A-A Sprinkler Repairs, 15% Senior discount
LAWN CARE, TREE SERVICE & SPRINKLER SYSTEMS  1A-A Sprinkler Repairs, 15% Senior discount
LAWN CARE, TREE SERVICE & SPRINKLER SYSTEMS  1A-A Sprinkler Repairs, 15% Senior discount

The Link does not endorse nor promote any product or service advertised. Verification of qualifications and current license is the responsibility of persons seeking service.

# Display Advertiser Index

ASSORTED/MISCELLANEOUS BUS	INIESSES
Animal Foundation	
Bauman Advisory Group	
Cubers Golf Cars	
Paukwa African Adventures	
Pedego Electric Bikes	
Las Vegas ReLeaf	
Prestige Travel	
Ready Golf Cars	
Scissors Glamour	
Sun Auto Service	
ENTERTAINMENT & GAMING:	
Rampart Casino & JW Marriott Resort & Spa	Inside Back Cover
Red Rock Station	25
Smith Center	7
Station Casinos	5
Suncoast Casino	21 & Flier Insert
The Summit Music Series	38
FINANCIAL/INVESTMENTS/INSURAL TAX	NCE/LEGAL/
Cassady Law Offices	
Law Office of Jerry Creed	
Law Offices of George D. Greenberg	
Merv Matorian State Farm Insurance	
Nelson S. Anthony Attorney At Law	
Network Tax Solutions	
Sean Tanko Attorney Limited	
UBS Financial	
Washington Federal	
HEALTH SERVICES:	
A Great Smile Dental	52
Acacia Springs Independent Senior Living	
Advanced Manual Therapy	
Amada Senior Care	
Don Berman – Licensed Medicare Agent	82
Mt. View Hospital	
Nevada Eye Physicians	
Pointe North Dental	
Regent Dental	
Right Path Screening	
See Right Now	
Shepherd Eye Care	
Silver Sky Assisted Living	
Southwest Medical	
Summerlin Hospital	
Trobough Dental	62
	03
A Nevada Plumbing	
Advantage Services Electrical Service and Repai	
A from Heating S. Air Conditioning	
Air One Heating & Air Conditioning	
AIRRIA Climate Sustems	
A NORTH CHARGE MATERIAL	8/

Atomic Solar Screens	
$\operatorname{Best}$ Air AC/Strategic American	23
${ m ButterPlumbing}$	71
${f C}$ abinet Craft Cabinet Re-facing & Kitchen Remodeling .	59
Cal Air Cooling & Heating	Flier Insert
Campbell Mechanical Heating & Air Condition	82
${f E}$ ast West Blinds and Shutters	63
Enix Mechanical	60
$\overline{F}$ eranza Cleaning Service	82
G & B Fence	54
$\operatorname{Hot}$ Jets Plumbing	82
Jack Dish Plumbing	62
JB Garage Door & Services	82
K & R Painting	49
m Key Renovations	54
Kitchen Tune-Up	50
Marcelo Industries Landscape & Irrigation	82
McMillan & McMillan Custom Painting	57
Mr. Antenna	55
On The Spot Air	72
One Stop Handyman	64
Paul Gerber Contractor	
ProTech 702	
Precision Overhead Garage Door Service	
Sid Guliford Painting	64
Sun City Garage Doors83 8	
Swift Garage Door LLC	51 & 83
Woody's Tree Service	71
Swift Garage Door LLC	71
Woody's Tree Service	71 82 83
Woody's Tree Service	71 82 83
Woody's Tree Service	82 83 Flier/Insert
Woody's Tree Service	

We're Giving Away 5 Cars -**GUARANTEED!** 

GIVEAWAY



**Qualifying Drawings** every Friday & Saturday at 6:15pm & 8:15pm

Weekly car drawings Saturday nights at 9:30pm

**EARN 10X ENTRIES** Monday - Thursday TOYOTA



Must be present to win

Be sure to pick up your commemorative 20th Anniversary players card today!

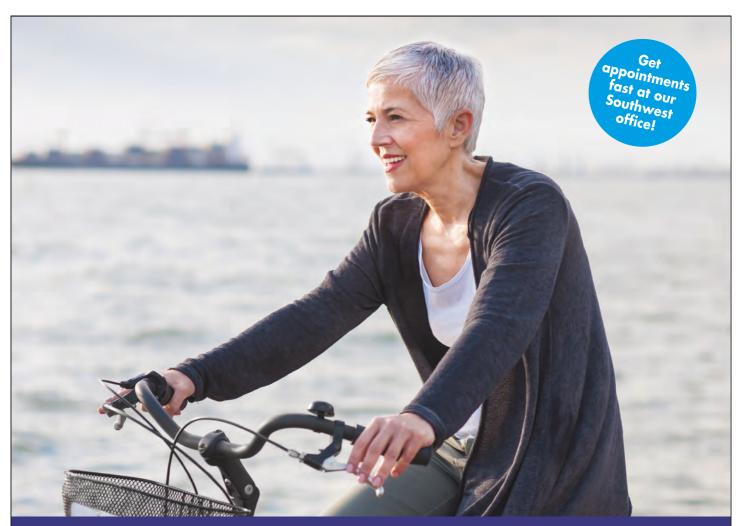


EARS

RAMPART CASINO

RampartCasino.com Located at the corner of Summerlin Parkway & Rampart





# EXPLORE NEVV PATHS

Shepherd Eye Center is proud to celebrate 50 years of caring for the eyes of Las Vegas. Through the years, we've grown right alongside Southern Nevada — assembling a team of the most highly-trained doctors in the country and a staff that truly cares about your vision. Trust Shepherd Eye Center for all your eyecare needs.



## **Southwest**

9100 W. Post Road, Las Vegas, NV 89148



### **Summerlin**

2100 N. Rampart Las Vegas, NV 89128



## **Other Office Locations:**

**Centennial Hills** 6850 N. Durango, Suite 404, Las Vegas, NV 89149 **Henderson** 2475 W. Horizon Ridge, Suite 120, Henderson, NV 89052 **Las Vegas** 3575 Pecos-McLeod, Las Vegas, NV 89121

**702.731.2088** | www.shepherdeye.com